

# Explaining the Consumption Hump in Terms of Deviations from Exponential Discounting\*

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## Abstract

Time-inconsistent preferences are a common explanation for the empirical finding that lifecycle profiles of household consumption are typically hump-shaped rather than monotonic. Such time-inconsistency is often described in terms of a present or future bias, which characterizes how preferences regarding trade-offs between consumption in the near future vs the far future get revised as the household approaches the final decision point for this trade-off. Time-inconsistency is modeled more precisely in terms of a relative discount function. Only an exponential discount function is immune to preference revisions. Here we determine how observable evidence of time-inconsistent preferences in finite-lived, naive households with log utility depends on the deviation of the discount function from an exponential function, which we measure in terms of a perturbing parameter called the *future weighting factor*. Assuming these deviations are small, we derive necessary and sufficient conditions on the future weighting factors to have a concave log consumption profile, which is a sufficient condition for the consumption profile to be hump-shaped. These conditions are stronger than just assuming a present bias. We also obtain necessary and sufficient conditions under which the consumption profile determined in the first period of life (almost) Pareto dominates the realized consumption profiles. For short lifespans, we can show the concavity conditions imply almost Pareto dominance.

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# 1 Introduction

The canonical life-cycle model predicts that consumption will grow smoothly for patient individuals and decay smoothly for impatient individuals. However, from an empirical standpoint, one of the most striking aspects of people’s choices of consumption over the lifecycle is that this profile is generally hump-shaped. Average consumption increases while consumers are young, peaks when they reach middle age, and decreases afterwards.<sup>1</sup> This feature, which was first documented by Thurow (1969), is in contrast to the Lifecycle/Permanent-Income Hypothesis of Friedman and Modigliani, which remains the basic theory of consumption in the economics literature even though it predicts a relatively smooth and monotonic consumption profile. A sizeable literature is devoted to develop theoretical frameworks to address this inconsistency, which is often referred to as the ”lifecycle consumption puzzle”.<sup>2</sup>

A more traditional set of solutions to this puzzle involves augmenting the standard (Modigliani and Brumberg (1954), Friedman (2018)) model to include family-size effects (Attanasio et al. (1999), Attanasio and Browning (1993), Browning et al. (1985)), consumption-leisure trade-offs (Heckman (1974), Bullard and Feigenbaum (2007)), wage income uncertainty and the precautionary saving motive (Nagatani (1972), Hubbard et al. (1994), Carroll (1994), Carroll (1997), Gourinchas and Parker (2002)), mortality risk (Feigenbaum (2008), Hansen and Imrohoroglu (2008)), and consumer durables (Fernandez-Villaverde and Krueger (2011)).

Another set of solutions which provide somewhat more robust explanations for the hump in the consumption profile relax the assumptions of the standard rational paradigm, epitomized by Samuelson (1937).<sup>3</sup> One of the most popular of these is to allow for time-inconsistent preferences by generalizing the discount function from an exponential function. Strotz (1955b) was the first to explore such deviations from Samuelson’s model. Phelps and Pollak (1968) later proposed the hyperbolic function as a specific alternative to the exponential function, and David Laibson’s dissertation (Laibson (1994)) offered hyperbolic discounting as a solution to the consumption hump puzzle. Today, this strand of the literature generally attributes such consumption humps to the concept of ”present bias”.<sup>4</sup>

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<sup>1</sup>See Carroll and Summers (1991), Attanasio and Weber (1995), Attanasio et al. (1999), Browning and Crossley (2001), Gourinchas and Parker (2002), and Fernandez-Villaverde and Krueger (2011)

<sup>2</sup>See Deaton (1992) and Browning and Crossley (2001) for more recent overviews.

<sup>3</sup>The preceding explanations often yield wildly different predictions in response to small changes in the economic environment, such as introducing Social Security.

<sup>4</sup>See Harris and Laibson (2013), Grenadier and Wang (2007), Cao and Werning (2018) and Mu et al. (2016) Feldstein (1985), Caliendo and Aadland (2007), Griffin et al. (2012), Hong and Hanna (2014). There

Present bias, or as Ericson and Laibson (2019) called it present focus,<sup>5</sup> is a form of time-inconsistency in which individuals are more impatient in trade-offs between the present and the immediate future as compared to trade-offs between equivalent intervals of time in the more distant future. An individual acting under this bias who might have been inclined to postpone a future payoff when the options of when to take it were all far in the future will become more inclined to take the payoff at the first opportunity when this opportunity gets closer to the present.<sup>6</sup> Such a change is referred to as a preference reversal. Note that with exponential discounting, the concept of time can be assumed to be either absolute time, calendar time, or even waiting time, i.e. the time to consumption. As Strotz (1955a) showed, the equivalence of these three temporal interpretations is a consequence of the exponential function not exhibiting preference reversals. In contrast, for a nonexponential discount function that exhibits present bias, we must interpret the “time” as the delay or waiting time until we experience the consumption from the present moment.

In this paper, we propose a general representation of a discount function in the form of  $D_t = D_1^t(1 + \varepsilon_t)$  for  $t = 1, \dots, T$ , where  $\varepsilon_t$  is the **extra weight** (compared to the exponential discounting case) that we put on the discount factor  $t$  periods in the future, and  $T + 1$  is the life span. We call  $\varepsilon_t$  the *future weighting factor*. All forms of discount function, including the nonexponential ones, can be written as a specific case of this general function by finding the corresponding  $\varepsilon_t$ . An advantage of this novel approach is the opportunity it provides to understand the driving force behind the consumption hump. Surprisingly, given the emphasis of the literature on present bias, we find using this approach that the shape of the consumption profile at a given age depends on the dynamics of the future weighting factors at all delays within the remaining time horizon of the household. Early in the lifecycle, the shape depends primarily on the rate of change of the future weighting factor at the longest possible delay, that is in the far future rather than the immediate future.

Working in a lifecycle model where households naive about their time-inconsistent preferences repeatedly optimize a logarithmic utility function, we derive conditions on the future

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are also papers that approach this puzzle by combining behavioral and more traditional factors, such as Campbell and Mankiw (1989) who explain the hump-shaped wages with rule-of-thumb consumers in the economy.

<sup>5</sup>Ericson and Laibson (2019) use the term present focus, rather than the more common term present bias, because they believe the word bias implies a prejudgment that the behavior is a mistake, which is not true in their view.

<sup>6</sup>Present bias, which is viewed as a form of misoptimization that accounts for a range of behavioral “mistakes,” e.g. undersaving for retirement, has yielded a large literature that emphasizes the potential for policies like forced pensions or retirement saving subsidies to protect against or correct such mistakes (for a survey on present bias see O’Donoghue and Rabin (2015))

weighting factor, assuming the  $\varepsilon_t$  are small, such that the log consumption profile will be concave, which is a sufficient condition for the consumption profile to be hump-shaped.<sup>7</sup> Specifically, the log consumption profile will be concave at  $t$  iff the change in the future weighting factor at  $T - t$  is larger than a weighted average of the change in future weighting factors at shorter delays.

In formal terms, suppose that intertemporal preferences from the perspective of period  $t$  can be represented by  $U_t = \sum_{s=t}^T D_{s-t} u_s$ , where  $u_s$  is the instantaneous utility experienced in period  $s$  and  $D_x$  reflects the discounting associated with a delay of  $x \in \{0, 1, 2, \dots\}$ . A common example in which the concept of present bias is readily discernible is the  $\beta$ - $\delta$  or “quasihyperbolic” functional form.

$$D_x = \begin{cases} 1 & \text{if } x = 0 \\ \beta\delta^x & \text{if } x > 0. \end{cases}$$

If  $\beta = 1$ , this reduces to an exponential discounting function, in which case the optimal plan at  $t = 0$  will remain the optimal plan throughout the lifecycle. For  $\beta \in (0, 1)$ , the utility from consumption at all periods after the present are discounted by the factor  $\beta$ , and the difference  $1 - \beta$  is a measure of present bias. The optimal plan at  $t = 0$  will differ from the optimal plan later in life as the household will continually seek to advance consumption relative to what she originally planned. Conversely, if  $\beta > 1$ , the utility from consumption at all future periods would be magnified by the factor  $\beta$ , and  $\beta - 1$  can be characterized as a measure of “future bias”.

While the quasihyperbolic case only covers a measure-zero subset of the space of all possible discounting functions, because of their simplicity quasihyperbolic discount functions are often used as a proxy for other nonexponential discount functions. Indeed, the terminology of quasihyperbolic derives from this usage as an approximation to hyperbolic discount functions. If  $\beta < 1$ , the quasihyperbolic discount function will share with hyperbolic discount functions the property that the lifecycle profile of log consumption is concave. These discount functions also share another property to be further explained below: the household at most ages would prefer the consumption profile it would get if it could commit to its  $t = 0$  plan to what it gets in equilibrium after accounting for its changing intertemporal

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<sup>7</sup>In continuous time,  $\frac{d^2 \ln c(t)}{dt^2} = \frac{1}{c(t)} \frac{d^2 c(t)}{dt^2} - \left(\frac{d \ln c(t)}{dt}\right)^2$ . A necessary condition for the consumption profile to be concave at  $t$  is that the log consumption profile is also concave at  $t$ . Since a hump-shaped consumption profile must be locally concave at its maximum, it follows that the log consumption profile must also be locally concave at the maximum.

preferences. On the other hand, a future-biased quasihyperbolic function with  $\beta > 1$  will yield log consumption profiles that are convex, and the household would usually prefer the consumption profile it actually gets to what it would get if it could commit to its initial plan.

However, as we demonstrate in this paper, the language of “present” and “future” bias are not reliable predictors of these properties. In other words, a concave log consumption profile and almost Pareto dominance of the consumption profile of the commitment path do not always arise in association with discount functions that one would naturally think of as present-biased. For example, a pure myopic discount function is a discount function that vanishes for delays beyond some horizon. Households with such a discount function do not care about consumption in the future beyond that horizon. Nevertheless, myopia yields properties consistent with a future-biased quasihyperbolic discount function rather than properties consistent with a present-biased quasihyperbolic discount function.<sup>8</sup>

Our approach for exploring the driving force behind the consumption profile begins with an exponential discount function, for which we know there is no time-inconsistency and the log consumption profile will be linear. Measuring the deviation from an exponential discount factor in terms of future weighting factors provides a straightforward way of understanding the origin of a present bias, which comes from having all  $\varepsilon_t$  be positive and strictly increasing for  $t > 1$ , or a future bias, which comes from having all  $\varepsilon_t$  be negative and strictly decreasing for  $t > 1$ .<sup>9</sup> A present bias is a necessary, albeit not sufficient, condition to have a concave log consumption profile. Likewise, a future bias will be a necessary condition to have a convex log consumption profile.

Since positive future weights mean that the discount function will be higher than an exponential discount function as the delay time increases, we refer to this as “heavy future weighting”, meaning the utility from future consumption will be weighted more heavily than for an exponential discount function. We refer to the case where the  $\varepsilon_t$  are negative as “light future weighting”. In the case of a myopic discounting function the  $\varepsilon_t$  will all be  $-1$  for sufficiently high  $t$ . The upshot is that a “future-biased” quasihyperbolic discount function has properties similar to a myopic discount function because both of these categories of discount functions put less weight on future consumption relative to an exponential discount function.

In this paper we model the household’s choices in discrete time. A companion paper, Feigenbaum and Raei (2020), addresses the same issues in continuous time. Since these

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<sup>8</sup>A myopic discount function actually exhibits both present and future bias, depending on the time horizon.

<sup>9</sup>For the case of a future bias we also need the additional requirement that  $\varepsilon_t > -1$ .

approaches are complementary, we will make frequent reference to the other paper. Aside from the obvious advantages that the majority of economists are most comfortable working in discrete time and that economic data accumulates intermittently rather than continuously, another advantage of working in discrete time is that at each period in the lifecycle the household only has to make a tradeoff between the present and a finite number of future periods. Thus we can isolate the effect of the future weighting factor at every delay, which greatly simplifies the interpretation of our results. In particular, all of our results can be expressed as inequalities relating the future weighting factor at a given delay to the weighting factors at shorter delays.

On the other side, the advantage of working in continuous time is the same reason why Newton and Leibniz invented calculus: differential equations are easier to solve than difference equations. In the present paper we make linear approximations to obtain more tractable difference equations.<sup>10</sup> In Feigenbaum and Raei (2020), those approximations are unnecessary. It is quite straightforward to derive exact results.

Another issue related to present and future bias that has been the focus of a relatively recent literature pertains to welfare analysis. Since an individual with time-inconsistent preferences, whether present- or future-biased, will choose a consumption profile that depends on the time of the choosing, it is not obvious which of these consumption profiles or the preferences at what period of life should be the reference point for welfare comparison. A common solution to this problem in the literature is to use the preferences of the initial self to evaluate welfare (see for example Laibson (1996), Laibson (1997), Laibson (1998), Laibson et al. (1998), O'Donoghue and Rabin (1999), O'Donoghue and Rabin, O'Donoghue and Rabin (2001) among many others). In fact, Caliendo and Findley (2019) show that commitment to the time-zero consumption plan can improve the objective function for all selves if the number of selves exceeds a certain threshold which turned out to be quite small in their setting.

Adding to this literature, the other contribution of this paper is to determine the conditions on future weighting factors under which the commitment path will Pareto dominate the realized path in discrete time.<sup>11</sup> We find that for the time-zero consumption profile to

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<sup>10</sup>This is not to suggest that the difference equations here cannot be solved exactly. However, the value added of obtaining exact results in discrete time is diminished by the simplicity of obtaining them in continuous time.

<sup>11</sup>We only compare the preferences of the households' various selves regarding the commitment path and the realized path. We do not make any claims regarding Pareto efficiency as in Richter (2020), i.e. we do not compare how the various selves value these two paths relative to other feasible consumption paths.

almost<sup>12</sup> Pareto dominate the consumption profiles that are chosen at each period of life we need the future weighting factor at the longest relevant delay, i.e.  $\varepsilon_T$ , to be sufficiently large. In other words, we find that if we put a heavy weight on the discount factor for the last period of life, as perceived during the first period of life, then at time zero the household will plan to consume a lot in the last period of life. To accomplish this the household will need to save for this terminal consumption at each successive period. However, this desire to consume so much at the end of life is fleeting and disappears for  $t > 0$ . Thus the household saves more over the course of the commitment path than it does on the realized path, so the later selves would each (except possibly at  $t = 1$ ) prefer the commitment path to the realized path.

When we express the condition for the commitment path of consumption to almost Pareto dominate the realized path in terms of future weighting factors, it is easy to see, for small deviations from an exponential discount function, that this condition comes in the form of an upper bound on the future weighting factor at the longest possible delay. Conversely, the condition for the realized path to almost Pareto dominate the commitment path imposes a lower bound on the future weighting factor at the longest delay. Since the profession usually thinks about policy interventions in favor of the initial path in terms of present bias, this is a very counter-intuitive result. One would imagine that present bias should be determined by the behavior of the discount function at short delays rather than at long delays. In fact, as we demonstrate, that is also not true. Preference reversals for an intertemporal tradeoff that starts  $t$  periods in the future will be driven by how the slope of the future weighting factor at a delay of  $t$  compares to the slope at the shortest delay. Thus present bias involves the behavior of the discount function at both long and short delays. But whether a household will benefit from socially-imposed commitment mechanisms depends primarily on how slowly the discount function decays relative to an exponential discount function.

This condition is analogous to what we obtain in continuous time in Feigenbaum and Raei (2020). However, in discrete time it is possible to neatly express the condition for almost Pareto dominance in terms of a sequence of lower bounds on the terminal future weight  $\varepsilon_T$  that must all be satisfied. This emphasizes that what drives the welfare result is how the household values utility in the distant future rather than the immediate present. There is no simple interpretation of the analogous condition in continuous time because lifetime utilities are integrals rather than sums, so we can only isolate the effect of  $\varepsilon_T$  to establish when the

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<sup>12</sup>In discrete time, the difference in welfare between the realized and commitment paths at  $t = 1$  is closely related to that difference at  $t = 0$ . Since the commitment path must, by definition, always dominate the realized path at  $t = 0$ , what happens at  $t = 1$  can deviate from what happens over the rest of the life span.

terminal self would prefer the commitment path over the realized path. On the other hand, in continuous time Feigenbaum and Ræi (2020) are able to prove without approximations that the condition for the household to have a strictly concave log consumption profile is a sufficient condition for the terminal self to prefer the commitment path. Here in discrete time we are able to prove here to first order only for small life spans that a strictly concave log consumption profile implies almost Pareto dominance of the commitment path since the proof becomes more complicated with each additional period of life.

This paper is organized in the following way. Section 2 describes the model environment including the general format for the discount function. Section 3 develops the condition on the discount function for a concave or convex log consumption profile. Section 4 drives the condition on the discount function under which commitment to the initial plan would almost Pareto dominate the realized plan, and in section 5 we compare this Pareto dominance condition with the condition for concavity/convexity of the log consumption profile. Section 6 concludes.

## 2 Model environment

We focus on a finite-horizon life-cycle model in which households live for  $T + 1$  periods. The household earns income  $y_t \geq 0$  at age  $t$  for  $t = 0, \dots, T$ , which can be consumed  $c_t$  or saved as  $k_{t+1}$  at a fixed gross interest rate  $R \geq 0$ .<sup>13</sup>

### 2.1 Household optimization problem

At time  $t$ , a household with existing saving  $k_t$  maximizes

$$U_t = \sum_{s=t}^T D_{s-t} \ln c_{s|t}$$

subject to

$$c_{s|t} + k_{s+1|t} = y_s + Rk_{s|t}, \quad s = t, \dots, T,$$

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<sup>13</sup>It is worth mentioning that similar to Drouhin (2020), in this paper we use the “choice-based” methodology which compares the solutions of dynamic programs with different decision dates. It is the methodology used originally by Strotz (1956), and now standard in behavioral macroeconomics, since the pioneering work of Laibson (1994), Laibson (1997), O’Donoghue and Rabin (1999). It is “choice based” because it not only uses a utility function that represents the preference relation, but also the budgetary constraints that the decision maker faces.



where  $D_t \geq 0$  is the discount function, and  $c_{s|t}$  and  $k_{s+1|t}$  are consumption and saving at period  $s$  as planned in period  $t$ <sup>14</sup>. Note that the household will solve this problem with  $k_{t|t} = k_t$  and  $k_{T+1|t} = 0$ . To simplify notation, we will assume the household begins with  $k_0 = 0$ .<sup>15</sup>

Let us define

$$h_t = \sum_{s=t}^T \frac{y_s}{R^{s-t}}, \quad (1)$$

which represents the present value of the income stream from period  $t$  onward. Note that

$$h_t = y_t + \sum_{s=t+1}^T \frac{y_s}{R^{s-t}} = y_t + \frac{h_{t+1}}{R} \quad (2)$$

for  $t < T$ . We can combine the period budget constraints from  $t$  to  $T$  into a lifetime budget constraint as of  $t$ :

$$\sum_{s=t}^T \frac{c_{s|t} + k_{s+1|t}}{R^{s-t}} = \sum_{s=t}^T \frac{y_s + Rk_{s|t}}{R^{s-t}}.$$

Using (1) and (2), this simplifies to

$$\sum_{s=t}^T \frac{c_{s|t}}{R^{s-t}} = h_t + Rk_t \quad (3)$$

The Lagrangian of the household problem at  $t$  can then be written as

$$L_t = \sum_{s=t}^T \left[ D_{s-t} \ln c_{s|t} - \frac{\lambda_t c_{s|t}}{R^{s-t}} \right] + \lambda_t [h_t + Rk_t]. \quad (4)$$

Therefore, the first order condition (FOC) with respect to consumption will be

$$\frac{\partial L_t}{\partial c_{s|t}} = \frac{D_{s-t}}{c_{s|t}} - \frac{\lambda_t}{R^{s-t}} = 0. \quad (5)$$

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<sup>14</sup>The results are not qualitatively different for other CRRA utility functions, but they are more complicated so we only consider the logarithmic case. In solving the model we will proceed as though the household is naive about its time-inconsistency and does not know it will revise its plans as its preferences change. We could alternatively assume that the household is sophisticated about its time-inconsistency. However, with logarithmic period utility, the realized path (and the commitment path in Section 4) will be the same under both assumptions, so there is no loss of generality between naivete and sophistication in the results documented here. For more discussion see Marin-Solano and Navas (2009).

<sup>15</sup>Our results easily generalize if the household is endowed with savings or debt at birth.

The initial consumption plan  $c_{s|0}$  that is determined at  $t = 0$ , the first period of life, will be referred to hereafter as the **commitment path**. Note, however, that unless the discount function is exponential the household will only follow the initial plan at  $t = 0$ . Indeed, at each period  $t$  of life, the household will choose a new plan  $c_{s|t}$ , but only the choice of consumption at  $t$ ,  $c_t = c_{t|t}$ , will adhere to this plan. As the household progresses from period to period, its preferences will unexpectedly change since we are assuming that the household is naive about the change in its future preferences. When it gets to  $t + 1$ , it will then have saving  $k_{t+1} = k_{t+1|t}$ , but it will solve (4) anew, updated to  $t + 1$ . The resulting consumption profile  $c_t$ , determined at each period  $t$ , will be referred to as the **realized path**.

While the FOC (5) for  $t = 0$  governs the whole commitment path for consumption  $c_{s|0}$  from  $s = 0, \dots, T$ , along the realized path only the FOC with  $s = t$  will actually matter. This simplifies to

$$\frac{D_{t-t}}{c_{t|t}} - \frac{\lambda_t}{R^{t-t}} = 0,$$

so we have

$$\lambda_t = \frac{1}{c_t}$$

since  $c_t = c_{t|t}$  and  $D_0 = 1$ . The future plan  $c_{s|t}$  at  $t$  is only relevant to the extent that it determines the Lagrange multiplier  $\lambda_t$ . Generalizing (5), we obtain

$$c_{s|t} = \frac{D_{s-t}R^{s-t}}{\lambda_t} = D_{s-t}R^{s-t}c_t.$$

Inserting these into the lifetime budget constraint (3), we get

$$\sum_{s=t}^T \frac{D_{s-t}R^{s-t}c_t}{R^{s-t}} = h_t + Rk_t,$$

which reduces to

$$c_t = \frac{h_t + Rk_t}{\sum_{s=t}^T D_{s-t}}. \quad (6)$$

Hence, on the realized path, the budget constraint on period  $t$  can be written as

$$k_{t+1} = k_{t+1|t} = y_t + Rk_t - c_t = y_t + Rk_t - \frac{h_t + Rk_t}{\sum_{s=t}^T D_{s-t}}. \quad (7)$$

We can use this to calculate an effective Euler equation along the realized path. Combining

(2) and (7), we get,

$$\begin{aligned}
h_{t+1} + Rk_{t+1} &= R \left( \frac{h_{t+1}}{R} + y_t + Rk_t - \frac{h_t + Rk_t}{\sum_{s=t}^T D_{s-t}} \right) \\
&= R \left( h_t + Rk_t - \frac{h_t + Rk_t}{\sum_{s=t}^T D_{s-t}} \right) \\
&= R \left( \frac{\sum_{s'=t+1}^T D_{s'-t}}{\sum_{s=t}^T D_{s-t}} \right) (h_t + Rk_t).
\end{aligned}$$

Updating (6) to  $t + 1$ , consumption at  $t + 1$  is

$$c_{t+1} = R \left( \frac{\sum_{s'=t+1}^T D_{s'-t}}{\sum_{s=t}^T D_{s-t}} \right) \frac{h_t + Rk_t}{\sum_{s=t+1}^T D_{s-t-1}}$$

Applying (6) again in its original form, the Euler equation in equilibrium for a general discounting function  $D_t$  with log utility is

$$c_{t+1} = R \frac{\sum_{s'=t+1}^T D_{s'-t}}{\sum_{s=t+1}^T D_{s-t-1}} c_t. \quad (8)$$

In the special case of an exponential discount function  $D_t = \delta^t$ , the ratio

$$\mathcal{D}_t = \frac{\sum_{s'=t+1}^T D_{s'-t}}{\sum_{s=t+1}^T D_{s-t-1}}$$

simplifies to the constant  $\delta$ , and we get back the familiar Euler equation  $c_{t+1} = \delta R c_t$ . More generally, though, for a nonexponential discount function, the inverse ratio  $\mathcal{D}_t^{-1}$  measures the gross rate of change in the sum of the discount functions relevant at periods  $t + 1$  to  $T$  as the household moves from  $t$  to  $t + 1$ . That is to say the change from the sum  $D_1 + \dots + D_{T-t}$  applicable at  $t$  to the sum  $1 + \dots + D_{T-t-1}$  applicable at  $t + 1$ . The richer consumption dynamics that can be obtained in equilibrium with nonexponential discounting functions stems entirely from the deviation of the  $\mathcal{D}_t$  from a constant, which will depend on how the discount function  $D_t$  deviates from an exponential function.

## 2.2 Future Weighting Discount Function

As mentioned before, given a discount function  $D_t \geq 0$  for  $t = 0, \dots, T$ , we can define the “future weighting factor”  $\varepsilon_t$  via

$$D_t = D_1^t(1 + \varepsilon_t), \quad (9)$$

where  $D_1$  is the discount factor for one period ahead. This future weighting factor basically captures the extra (or diminished, if negative) weight that we put on the discounting  $t$  periods in the future. Since we normalize  $D_0 = 1$ , by definition we will have  $\varepsilon_0 = \varepsilon_1 = 0$ . Note that this general form of discounting function can accommodate the standard geometric discounter, for which  $D_t = \delta^t$ , quasi-hyperbolic agents, for whom  $D_t = \beta\delta^t$  where  $\beta < 1$  (Laibson (1997)), future-biased agents for whom  $D_t = \beta\delta^t$  with  $\beta > 1$ ; and the immediate successor agents, for whom  $D_1 = \delta$  and  $D_2 = D_3 = \dots = 0$  (see, Lane and Mitra (1981), Leininger (1986) and Bernheim and Ray (1987)). For example, we can represent a quasihyperbolic discount function by setting  $\varepsilon_t = \beta^{1-t} - 1$ ;

$$D_t = \beta\delta^t$$

for  $t > 0$  with  $D_0 = 1$ . Since

$$D_1 = \beta\delta,$$

$\varepsilon_t$  can be calculated as

$$\frac{D_t}{D_1^t} = \frac{\beta\delta^t}{\beta^t\delta^t} = \beta^{1-t} = 1 + \varepsilon_t.$$

Hence

$$\varepsilon_t = \beta^{1-t} - 1. \quad (10)$$

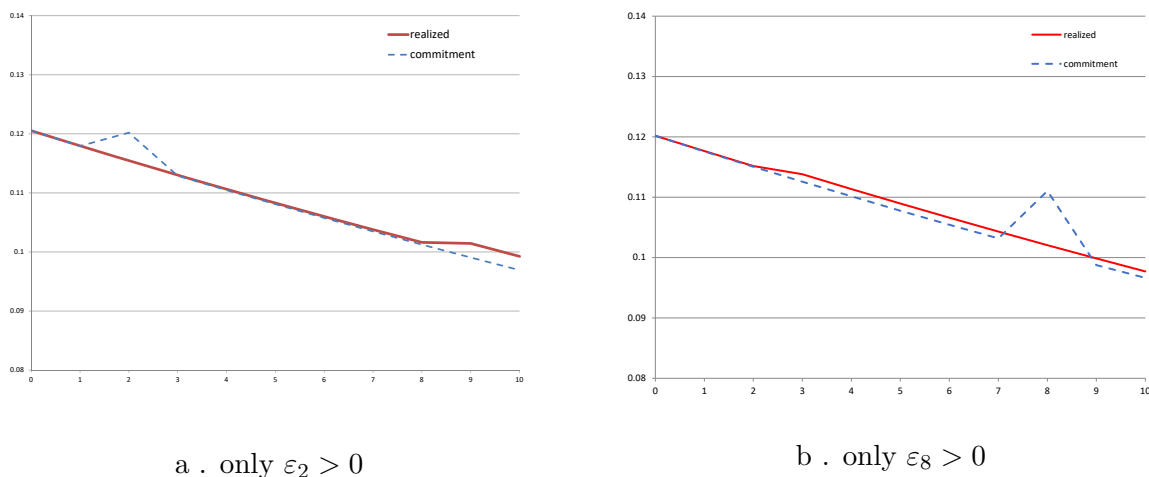
Likewise, for a myopic discounting function that vanishes for  $t \geq t^*$ , we have  $\varepsilon_t = -1$  for  $t \geq t^*$ .

Note that if  $\varepsilon_t = 0$  for all  $t$ , the discount function will be exponential. Thus we can think of the future weighting factor,  $\varepsilon_t$ , as the parameter that measures the discount function’s deviation from an exponential at the delay  $t$ . If  $\varepsilon_t > 0$ , the discount factor of  $t$  periods in the future will be higher than an exponential discount factor. We call this “heavy future weighting” since utility from consumption  $t$  periods in the future will be weighted more heavily than it would be under an exponential discount function. Conversely, with  $\varepsilon_t < 0$  the discount function exhibits “light future weighting” relative to an exponential discount

function.<sup>16</sup>

To have a better understanding of the role of  $\varepsilon_t$  in determining consumption behavior, figure 1 compares the consumption profile under the commitment path and the realized path for a ten period model,  $T = 10$ . We consider two cases to demonstrate the role of an individual  $\varepsilon_t$ . First, we have a discount function for which  $\varepsilon_t$  is zero for all  $t$  except  $t = 2$ . Second, we have a discount function for which  $\varepsilon_t$  is zero for all  $t$  except  $t = 8$ .

Figure 1: consumption profile, commitment path and realized path



Note: on both graphs the horizontal axis is time and vertical access is the consumption level at each period.

In both plots, the blue dashed line shows the commitment path and the red solid line shows the realized path. In figure 1a, we see a spike in period two along the commitment path simply because  $\varepsilon_2 > 0$  means that the household initially puts a higher weight on the utility from consuming two periods ahead compared to all other future periods. Hence, the spike at  $t = 2$ . Likewise, looking at figure 1b in which  $\varepsilon_8 > 0$ , the spike in the commitment path is at  $t = 8$ .

The effect of  $\varepsilon_t$  on the realized path is much more subtle than for the commitment path. With  $\varepsilon_2 > 0$ , shown in figure 1a, the household continually plans to have high consumption two periods ahead, as happens at  $t = 2$  on the commitment path. However, with each new

<sup>16</sup>To be very precise, as we have defined the future weighting factor, we are talking about a departure from exponential discounting at the rate used between period 0 and 1. In discrete time, it is natural to think of the deviation of  $D_t$  from  $D_1^t$ , and this will yield some helpful simplifications. In continuous time, it is much more difficult to isolate a natural rate of decay to compare to, so we address this issue at greater length in Feigenbaum and Raei (2020).

period, she reoptimizes and pushes forward when she intends to have high consumption. This trend continues until the household arrives at period nine of her lifetime, at which point there no longer is a period two periods ahead. Consequently, the realized consumption path is quite smooth, as it would be with exponential discounting, for  $t < 9$ . She does not realize this intended high consumption two periods ahead until she can no longer defer this consumption. From this point, all future periods are discounted with the same rate. Consumption jumps up in these last two periods as she finally consumes the saving she accumulated to finance the planned extra consumption two periods ahead.

The same intuition applies to figure 1b in which  $\varepsilon_8 > 0$ . There, the future period with a higher discounting factor disappears after the second period. That is the reason why the realized consumption plan for  $t \geq 3$  shifts upward. The high  $\varepsilon_8$  disappears from her calculus once there no longer is a period eight periods ahead within her remaining time horizon. Consequently, she behaves like an exponential discounter thereafter, smoothing out over all the periods with  $t \geq 3$  the extra consumption that she had previously intended, at  $t = 2$ , to save entirely for the last period.

The consumption-hump literature has traditionally characterized the effect of the discount function on the shape of the (log) consumption profile in terms of present bias. By examining present and future bias in terms of future weighting factors, we can also get some new insight into the origin of these concepts. A discount function exhibits present bias at  $t > 0$  if it gives rise to the following type of preference reversal. Suppose for some allocation  $\{c_t\}_{t=0}^T$ , there exists  $\Delta c_t > 0$  and  $\Delta c_{t+1} \in (0, c_{t+1})$  such that the household would prefer at time 0 the original allocation over a forward-shifted allocation with  $c_t$  increased by  $\Delta c_t$  and  $c_{t+1}$  decreased by  $\Delta c_{t+1}$ . However, when the household gets to time  $t$ , it in stead prefers the forward-shifted allocation over the original allocation. Thus the household would prefer not to shift consumption forward when the possibility of doing so is in the future, but it would opt to make that shift in the present. This is usually interpreted as the household putting an extra preference on consumption in the immediate present. Future bias at  $t > 0$  is defined similarly except the preference reversal goes the other way. The household would prefer the forward-shifted allocation over the original allocation when  $t$  is in the future, and prefers the original allocation when it reaches time  $t$ . We say a discount function is present-biased (future-biased) if it exhibits present (future) bias at all  $t > 0$ .

Assuming  $D_s > 0$  for all  $s$ , we can express the condition for preference reversals in terms of the perceived marginal rate of substitution between consumption at  $t$  and consumption

at  $t + 1$  as of time  $s \leq t$ :

$$m_s(t) = \frac{D_{t+1-s}u'(c_{t+1})}{D_{t-s}u'(c_t)}.$$

The household will prefer the forward-shifted allocation at time 0 and the original allocation at  $t$  if

$$D_t u'(c_t) \Delta c_t - D_{t+1} u'(c_{t+1}) \Delta c_{t+1} < 0 < u'(c_t) \Delta c_t - D_1 u'(c_{t+1}) \Delta c_{t+1},$$

which we can rearrange as

$$m_0(t) = \frac{D_1 u'(c_{t+1})}{u'(c_t)} < \frac{\Delta c_t}{\Delta c_{t+1}} < \frac{D_{t+1} u'(c_{t+1})}{D_t u'(c_t)} = m_t(t).$$

The household will have a present bias at  $t$  if  $m_0(t) < m_t(t)$  since we can then find  $\Delta c_t$  and  $\Delta c_{t+1}$  such that  $\frac{\Delta c_t}{\Delta c_{t+1}} \in (m_0(t), m_t(t))$ . Since  $\varepsilon_1 = 0$  by definition,<sup>17</sup> this reduces to the condition

$$1 < \frac{1 + \varepsilon_{t+1}}{1 + \varepsilon_t},$$

or equivalently

$$\varepsilon_t < \varepsilon_{t+1}.$$

Thus a present-biased discount function will have strictly increasing and positive (for  $t > 2$ ) future weighting factors. Conversely, a strictly positive and future-biased discount function will have strictly decreasing and negative (for  $t > 2$ ) future weighting factors.<sup>18</sup> To put this in more graphical terms, a present-biased discount function will lie above the exponential function defined by the discounting between time delay 0 and time delay 1, and the divergence between the curves must increase with the time delay. A future-biased discount function will lie below the same exponential function, and the divergence between the curves must also increase (while avoiding zero as we discuss below). This is counterintuitive because one would think a present bias would be determined by the behavior of the discount function at short delays when in fact it depends on the behavior of the discount function at all and particularly the longest delays.

Note that a myopic discount function that is zero for  $t$  greater than equal to some  $t^* > 1$  does not fit nicely into the categories of a present- or future-biased discount function because

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<sup>17</sup>This is a simplification of working in discrete time mentioned in footnote 16. In continuous time, the characterization of present and future bias in terms of future weighting factors is more complicated. See Feigenbaum and Raei (2020).

<sup>18</sup>A related property of discount functions is increasing patience (Prelec (2004)). Since Prelec defines this concept in continuous time, we refer the reader to our companion paper in continuous time, Feigenbaum and Raei (2020), for an understanding of how it translates into a property of the future weighting factors.

it does not satisfy the caveat that the  $D_t$  are all positive, which is necessary for the marginal rate of substitution between  $c_t$  and  $c_{t+1}$  to be defined. There will be a future bias at  $t^* - 1$  since at time zero the household would prefer not to consume anything at  $t^*$ , but its  $(t^* - 1)$ -utility is only defined if  $c_{t^*} > 0$ . On the other hand, there will be a weak present bias at  $t \geq t^*$  since at time zero the household will be indifferent between how it allocates consumption between  $t$  and  $t + 1$ . However, at time  $t$  the household will prefer to have more consumption at  $t$  if  $D_1 > 0$ .

### 3 Curvature of the log consumption profile

Empirically, lifecycle profiles of household consumption are hump-shaped, and time-inconsistency is often invoked as an explanation for this phenomenon. As we discussed in the previous section,  $\varepsilon_t$  is the parameter that controls the discounting weight of future periods, with a positive  $\varepsilon_t$  interpreted as a “heavy future weighting” and a negative  $\varepsilon_t$  as a “light future weighting”. In this section, we explore how the value of the future weighting factor,  $\varepsilon_t$ , determines the curvature of the log consumption profile of the household. More precisely, we establish a sufficient condition on  $\varepsilon_t$  under which the log consumption profile would be concave (convex) at age  $T - t$ , assuming the *varepsilon* $_t$  are small. This in turn is a sufficient condition for the consumption profile to have a local maximum at age  $T - t$ .

As the first step, we will rewrite the Euler equation in terms of the future weighting discount function. Replacing the general form of discounting function  $D_t$  in the household’s Euler equation (8) with the form involving the future weighting discounting function (9) gives us

$$c_{t+1} = D_1 R \frac{\sum_{s'=t+1}^T D_1^{s'} (1 + \varepsilon_{s'-t})}{\sum_{s=t+1}^T D_1^s (1 + \varepsilon_{s-t-1})} c_t. \quad (11)$$

In this still exact form, it is more apparent that the Euler equation reduces to the usual  $c_{t+1} = D_1 R c_t$  when we have an exponential discounting function and  $\varepsilon_2 = \varepsilon_3 = \dots = \varepsilon_T = 0$ .

Next let us focus on the first-order approximation to (11), disregarding all terms that are second or higher order in the  $\varepsilon_t$ . If we factor out the summation  $\sum_{s=t+1}^T D_1^s$  from both the



numerator and the denominator, the Euler equation becomes

$$c_{t+1} = D_1 R \frac{1 + \frac{\sum_{s'=t+1}^T D_1^{s'} \varepsilon_{s'-t}}{\sum_{j=t+1}^T D_1^j}}{1 + \frac{\sum_{s=t+1}^T D_1^s \varepsilon_{s-t-1}}{\sum_{l=t+1}^T D_1^l}} c_t. \quad (12)$$

The first-order Taylor expansion of  $f(x) = \frac{1}{1+x}$  is

$$\begin{aligned} f(x) &= f(0) + f'(0)x + O(x^2) \\ &= 1 - x + O(x^2), \end{aligned}$$

where  $O(g(x))$  represents an unspecified function smaller than  $Mg(x)$  for some  $M > 0$  in the limit as  $x \rightarrow 0$ . Therefore, we can rewrite (12) as

$$c_{t+1} = D_1 R \left[ 1 + \frac{\sum_{s'=t+1}^T D_1^{s'} \varepsilon_{s'-t}}{\sum_{s=t+1}^T D_1^s} - \frac{\sum_{s'=t+1}^T D_1^{s'} \varepsilon_{s'-t-1}}{\sum_{s=t+1}^T D_1^s} \right] c_t + O(\varepsilon^2),$$

which reduces to

$$c_{t+1} = D_1 R \left[ 1 + \frac{\sum_{s=t+1}^T D_1^s (\varepsilon_{s-t} - \varepsilon_{s-t-1})}{\sum_{s'=t+1}^T D_1^{s'}} \right] c_t + O(\varepsilon^2). \quad (13)$$

This represents the Euler equation to first order in the future weighting factor  $\varepsilon_t$ . Thus deviations of the Euler equation from the canonical Euler equation  $c_{t+1} = D_1 R c_t$  for an exponential discounting function arise because of changes in the future weighting as the delay changes by one period. The effect of a change in future weighting  $s$  periods in the future is discounted, to first order, by  $D_1^s$ , so a change in the future weighting at short delays will have a bigger effect than a change at long delays.

Let us define

$$\Delta \varepsilon_t = \varepsilon_{t+1} - \varepsilon_t.$$

Then the Euler equation with this  $\Delta$  notation is

$$c_{t+1} = D_1 R \left[ 1 + \frac{\sum_{s=t+1}^T D_1^s \Delta \varepsilon_{s-t-1}}{\sum_{s'=t+1}^T D_1^{s'}} \right] c_t + O(\varepsilon^2). \quad (14)$$

We will focus on the log consumption profile, which will be concave if  $\log(\frac{c_{t+1}}{c_t})$  decreases with  $t$ . We can take logs of both sides of equation (14) and difference it to form the desired

expression.

Similarly, for  $t = 0, \dots, T - 2$ , we can also define the second-order difference

$$\Delta^2 \ln c_t = \frac{\sum_{s=t+2}^T D_1^s \Delta \varepsilon_{s-t-2}}{\sum_{s'=t+2}^T D_1^{s'}} - \frac{\sum_{s=t+1}^T D_1^s \Delta \varepsilon_{s-t-1}}{\sum_{s'=t+1}^T D_1^{s'}} + O(\varepsilon^2). \quad (15)$$

To have a concave log consumption profile we need  $\Delta^2 \ln c_t < 0$  for  $t = 0, \dots, T - 2$ . Notice that the  $\ln D_1 R$  in (14) vanishes from (15). All of the remaining terms in (15) are of first or higher order in the  $\varepsilon_t$ . Thus the log consumption profile with an exponential discounting function is exactly linear. Any deviation from linearity is driven by the future weighting factors.

We can simplify (15) by coalescing the two summations into one summation of the  $\Delta \varepsilon_i$ . We do this by letting  $i = s - t - 2$ , so  $s = i + t + 2$ , and  $j = s - t - 1$ , so  $s = j + t + 1$ . Then

$$\Delta^2 \ln c_t = \frac{\sum_{i=0}^{T-t-2} D_1^i \Delta \varepsilon_i}{\sum_{i'=0}^{T-t-2} D_1^{i'}} - \frac{\sum_{j=0}^{T-t-1} D_1^j \Delta \varepsilon_j}{\sum_{j'=0}^{T-t-1} D_1^{j'}} + O(\varepsilon^2),$$

which can be rearranged as

$$\Delta^2 \ln c_t = \frac{D_1^{T-t-1}}{(\sum_{i'=0}^{T-t-2} D_1^{i'}) (\sum_{j'=0}^{T-t-1} D_1^{j'})} \sum_{i=0}^{T-t-2} D_1^i \Delta \varepsilon_i - \frac{D_1^{T-t-1} \Delta \varepsilon_{T-t-1}}{\sum_{j'=0}^{T-t-1} D_1^{j'}}.$$

This simplifies to

$$\Delta^2 \ln c_t = \frac{1 - D_1}{1 - D_1^{T-t}} D_1^{T-t-1} \left[ \frac{\sum_{i=0}^{T-t-2} D_1^i \Delta \varepsilon_i}{\sum_{i'=0}^{T-t-2} D_1^{i'}} - \Delta \varepsilon_{T-t-1} \right] + O(\varepsilon^2).$$

As we mentioned above, for  $\ln c_t$  to be concave at  $t$  we need  $\Delta^2 \ln c_{t-1} \leq 0$ . This implies that to first order in  $\varepsilon$ , concavity of  $\ln c_t$  at  $T - t$  requires

$$\Delta \varepsilon_{T-t} \geq \frac{\sum_{i=0}^{T-t-1} D_1^i \Delta \varepsilon_i}{\sum_{i'=0}^{T-t-1} D_1^{i'}}.$$

In other words, the change of the future weighting factor from  $T - t$  to  $T - t + 1$  must be larger than a weighted average of the change in the future weighting factor at shorter delays.

If the log consumption profile is concave everywhere, we must have

$$\Delta\varepsilon_s \geq \frac{\sum_{i=0}^{s-1} D_1^i \Delta\varepsilon_i}{\sum_{i'=0}^{s-1} D_1^{i'}} \quad (16)$$

for  $s = 1, \dots, T - 1$ .

Since  $\Delta\varepsilon_0 = \varepsilon_1 - \varepsilon_0 = 0$ , by definition the condition for  $s = 1$  implies  $\varepsilon_2 = \Delta\varepsilon_1 > 0$ . Note also that the condition (16) for  $s = 1$  corresponds to the first-order condition for  $\Delta^2 \ln c_{T-2} < 0$ , i.e. for the log consumption profile to be strictly concave between periods  $T - 2$  and  $T$ . A positive future weighting two periods ahead means consumption growth between  $T - 1$  and  $T$  will be lower than between  $T - 2$  and  $T - 1$ , producing a concavity in the log consumption profile at the end of life. Conversely, a negative future weighting will result in a convex log consumption profile between  $T - 2$  and  $T$ .

**Proposition 1.** *For the entire log consumption profile to be strictly concave (convex), the  $\Delta\varepsilon_s$  from  $s = 1, \dots, T - 1$  must all be positive (negative). Consequently, the  $\varepsilon_s$  from  $s = 2, \dots, T$  must all be strictly increasing (decreasing) and therefore also positive (negative). In other words, a necessary condition for the log consumption profile to be strictly concave is that the discount function is present-biased. And, assuming  $\varepsilon_t > -1$  for all  $t$ , a necessary condition for the log consumption profile to be strictly convex is that the discount function is future-biased.*

This proposition can be proved by induction. Suppose the  $\Delta\varepsilon_i$  are positive for  $s = 1, \dots, s - 1$ . Then (16) implies  $\Delta\varepsilon_s$  is also positive, and  $\varepsilon_{s+1} = \varepsilon_s + \Delta\varepsilon_s > \varepsilon_s > 0$ . Note also that each successive iteration of (16) is the necessary condition for the log consumption profile to be concave one period earlier. Thus the condition that

$$\varepsilon_T > \varepsilon_{T-1} + \frac{\sum_{i=0}^{T-2} D_1^i \Delta\varepsilon_i}{\sum_{i'=0}^{T-2} D_1^{i'}}$$

is the first-order condition that the log consumption profile is strictly concave between  $t = 0$  and  $t = 2$ . Iterating backwards, each log consumption growth ratio will depend on one more difference  $\Delta\varepsilon_s$  than the ensuing log consumption growth ratio, so  $\Delta\varepsilon_s > 0$ , or equivalently  $\varepsilon_{s+1} > \varepsilon_s$  will be necessary to have the log consumption growth ratio decrease with time. One way to think about this result is that what often gets referred to as present bias is really a case of the future gradually mattering less as the future gets closer to the present. Therefore, the  $\varepsilon_t$  must grow with  $t$  because that implies the extra weight associated with a specific age gets smaller as we approach that age and the delay time gets shorter.

How fast must the future discounting weights grow to get a strictly concave log consumption profile? For a given  $\varepsilon_2$ , let us define a lower bound,  $\Delta_{\underline{\varepsilon}_s}$ , on  $\Delta\varepsilon_s$  such that the corresponding (16) must hold. For the case of  $s = 1$ , (17) evaluates straightforwardly to

$$\Delta_{\underline{\varepsilon}_2} = \frac{D_1}{1 + D_1} \varepsilon_2.$$

A necessary and sufficient condition for strict concavity from  $t = T - 3$  to  $t = T$  is that  $\varepsilon_2 = \Delta\varepsilon_1 > 0 = \Delta_{\underline{\varepsilon}_1}$  and  $\Delta\varepsilon_2 > \Delta_{\underline{\varepsilon}_2}$ . We can thus iteratively define

$$\Delta_{\underline{\varepsilon}_{s+1}} = \frac{\sum_{i=0}^s D_1^i \Delta_{\underline{\varepsilon}_i}}{\sum_{i'=0}^s D_1^{i'}} = \frac{\sum_{i=1}^s D_1^i \Delta_{\underline{\varepsilon}_i}}{\sum_{i'=0}^s D_1^{i'}}, \quad (17)$$

where  $\Delta_{\underline{\varepsilon}_1} = \varepsilon_2$  is given. If  $\Delta\varepsilon_i > \Delta_{\underline{\varepsilon}_i}$  for  $i = 2, \dots, s$  are all necessary conditions for strict concavity, then  $\Delta\varepsilon_{s+1} > \Delta_{\underline{\varepsilon}_{s+1}}$  will also be a necessary condition for strict concavity. To put it another way, if the  $\Delta\varepsilon_s = \Delta_{\underline{\varepsilon}_s}$  for  $s = 2, \dots, T - 1$  and  $\varepsilon_2 > 0$ , the log consumption profile will be linear from  $t = 0$  to  $t = T - 1$  and strictly concave between  $t = T - 2$  and  $t = T$ .

**Proposition 2.** For  $t \geq 2$ ,

$$\Delta_{\underline{\varepsilon}_t} = \frac{D_1}{1 + D_1} \varepsilon_2.$$

The proof follows by induction. If it is true for  $2, \dots, s$ ,

$$\begin{aligned} \Delta_{\underline{\varepsilon}_{s+1}} &= \frac{\sum_{i=1}^s D_1^i \Delta_{\underline{\varepsilon}_i}}{\sum_{i'=0}^s D_1^{i'}} = \frac{D_1 \varepsilon_2 + \sum_{i=2}^s D_1^i \Delta_{\underline{\varepsilon}_i}}{\sum_{i'=0}^s D_1^{i'}} \\ &= \frac{D_1 + \frac{D_1}{1+D_1} \sum_{i=2}^s D_1^i}{\sum_{i'=0}^s D_1^{i'}} \varepsilon_2 \\ &= \frac{D_1}{1 + D_1} \frac{\sum_{i=0}^s D_1^i}{\sum_{i'=0}^s D_1^{i'}} \varepsilon_2 = \frac{D_1}{1 + D_1} \varepsilon_2. \end{aligned}$$

Therefore, a necessary condition for the log consumption profile to be concave is to have  $\varepsilon_2 > 0$  and

$$\Delta\varepsilon_s \geq \Delta_{\underline{\varepsilon}_s} = \frac{D_1}{1 + D_1} \varepsilon_2$$

for  $s = 2, \dots, T - 1$ . This implies that a necessary condition for weak concavity of log consumption profile is that  $\varepsilon_2$  must be positive and the  $\varepsilon_t$  must grow, but they need only grow linearly with a slope greater than  $\frac{D_1}{1+D_1} \varepsilon_2$ . It is only a necessary condition because as the  $\Delta\varepsilon_i > \Delta_{\underline{\varepsilon}_i}$  for  $i = 2, \dots, s$ ,  $\Delta\varepsilon_{s+1}$  must likewise be greater than  $\Delta_{\underline{\varepsilon}_{s+1}}$  to satisfy its

concavity bound. If the future discounting weights grow faster than linearly at short delays, they must continue to grow faster than linearly at longer delays to maintain strict concavity over the whole lifespan.

We can derive concavity conditions for two popular forms of discount function, the quasi-hyperbolic and hyperbolic discount functions, and show that they are satisfied to first order.

**Example: quasihyperbolic discount function**

First, let us consider the quasihyperbolic discounting function

$$D_s = \beta\delta^s$$

in which

$$\beta = 1 - \eta$$

for small  $\eta > 0$ . Then (10) gives

$$\varepsilon_s = (1 - \eta)^{1-s} - 1 = (s - 1)\eta + O(\eta^2)$$

for  $s \geq 1$ . Therefore,

$$\Delta\varepsilon_s = \eta + O(\eta^2)$$

for  $s \geq 1$ . From (16), the concavity bound on  $\Delta\varepsilon_s$  is

$$\frac{\sum_{i=0}^{s-1} D_1^i \Delta\varepsilon_i}{\sum_{i'=0}^{s-1} D_1^{i'}} = \eta \left(1 - \frac{1}{\sum_{i=0}^{s-1} D_1^i}\right) + O(\eta^2) < \eta + O(\eta^2).$$

Thus the concavity bound will clearly be satisfied by a quasihyperbolic discounting function to first order in  $\eta$ . Note that in this case

$$\Delta\varepsilon_s = \frac{D_1}{1 + D_1} \varepsilon_2 = \frac{\beta\delta}{1 + \beta\delta} \eta + O(\eta^2),$$

which is less than  $\Delta\varepsilon_s$  to first order in  $\eta$ . Thus with quasihyperbolic discounting, the future discounting weights grow approximately linearly and faster than is required to satisfy the necessary condition for concavity.

**Example: hyperbolic discount function**

Second, we consider a hyperbolic discounting function,

$$D_s = \frac{1}{1 + \eta s}$$

for small  $\eta > 0$  in which

$$D_1 = \frac{1}{1 + \eta}$$

and

$$\varepsilon_s = \frac{(1 + \eta)^s}{1 + \eta s} - 1 = \eta^2 \frac{s(s-1)}{2} + O(\eta^3)$$

for  $s \geq 0$ .

Then

$$\Delta\varepsilon_s = \varepsilon_{s+1} - \varepsilon_s = \frac{s(s+1)}{2}\eta^2 - \frac{s(s-1)}{2}\eta^2 + O(\eta^3) = s\eta^2 + O(\eta^3). \quad (18)$$

From (16), the concavity bound on  $\Delta\varepsilon_s$  is

$$\frac{\sum_{i=0}^{s-1} D_1^i \Delta\varepsilon_i}{\sum_{i'=0}^{s-1} D_1^{i'}} = \eta^2 \frac{\sum_{i=1}^{s-1} s}{s} + O(\eta^3) = \eta^2 \frac{s-1}{2} + O(\eta^3).$$

Comparing this to (18), we see that a hyperbolic discounting function also satisfies the concavity bounds to first order. With hyperbolic discounting, the future discounting weights grow quadratically, so the necessary condition for concavity is more than satisfied.

## 4 Pareto dominance of the commitment path

In previous sections, we described the household problem with a discounting function that depends on the time to consumption from the present rather than the absolute time when the consumption occurs. Such a household has time-inconsistent preferences and therefore, as Strotz (1955a) noted, the marginal rate of substitution between consumption at different times depends on when the household is evaluating the utility from these consumptions. Consequently, the household at different ages will value consumption plans differently. This multiplicity of selves can substantially complicate welfare analysis.

A common solution to tackle this complication in the literature is to use the preferences of the initial self to evaluate welfare. See, for example, (Laibson, 1997, 1996), Laibson et al.

(1998), and (O’Donoghue and Rabin, 1999, 2001). This approach does have its criticisms however. Dewatripont et al. (2004) states that there is “no normative foundation” for equating welfare with time-zero preferences.

A more recent literature explores conditions under which committing to the initial plan of the time-zero self improves the welfare of all selves over the life cycle as compared to what they would actually obtain over the lifecycle, providing a justification for singling out the preferences of the time-zero self. Caliendo and Findley (2019) show that with quasi-hyperbolic discounting commitment to the time-zero consumption plan can improve the objective function for all selves if the number of selves exceeds a certain threshold which turned out to be quite small in their setting. Expanding upon this result, Feigenbaum and Raei (2020) show in a continuous-time setup conditions under which commitment to the initial plan will be Pareto improving for all the different selves. However, because almost all of these conditions involve integrals of future weighting factors instead of sums, they are difficult to interpret. In this section we obtain similar but simpler results in discrete time, formulating a condition on the future weighting factors under which committing to the initial plan will almost Pareto dominate the realized plan.

The realized utility as of time  $t$  is simply the realized value of the household’s objective function at time  $t$ :

$$U_t^* = \sum_{s=t}^T D_{s-t} \ln(c_s)$$

In contrast, the commitment utility at time  $t$  is

$$U_t^c = \sum_{s=t}^T D_{s-t} \ln(c_{s|0}), \tag{19}$$

which is what you obtain if you insert the original  $t = 0$  consumption path into the objective function at time  $t$ . What concerns us most is the difference  $\Delta U_t$  in realized utility between the realized plan and the original plan at time  $t$ :

$$\Delta U_t = U_t^* - U_t^c = \sum_{s=t}^T D_{s-t} \ln \left( \frac{c_s}{c_{s|0}} \right). \tag{20}$$

Note that if  $\Delta U_t > 0$ , then following the realized consumption plan provides the household with a higher utility compared to the initial plan. Conversely, if  $\Delta U_t < 0$ , then committing to the initial plan is optimal. This is a general form and  $D_{s-t}$  can be replaced with any

discounting function. For example with  $D_t = \beta^t$  both the original plan and realized plan coincide and  $\Delta U_t = 0$ , meaning that the household will be indifferent between the two. By definition, the commitment path must maximize lifetime utility at  $t = 0$ , so we must have  $\Delta U_0 \leq 0$ . In what follows, we will see that  $\Delta U_1 = 0$  must always hold to first order in the future weighting factors. We will then investigate conditions on the future weighting factors under which the initial path would almost Pareto dominate the realized path for the household to first order, i.e.  $\Delta U_t < O(\varepsilon^2)$  for  $t > 1$ .

For the original plan  $c_{t|0}$ , the consumption at period  $t$ , as determined at period 0, can be written

$$c_{t|0} = D_t R^t c_0 = D_1^t (1 + \varepsilon_t) R^t c_0.$$

Let us define

$$c_t^0 = D_1^t R^t c_0.$$

Therefore

$$\ln c_{t|0} = \ln c_t^0 + \varepsilon_t + O(\varepsilon^2), \quad (21)$$

and we can simplify the utility obtained at time  $t$  from committing to the initial consumption plan as

$$U_t^c = \sum_{s=t}^T [D_{s-t} \ln(c_s^0) + D_1^{s-t} \varepsilon_s] + O(\varepsilon^2). \quad (22)$$

To compute the realized consumption allocation, we must work with the effective Euler equation of the household problem. As we showed in section 3, this effective Euler equation is (13) to first order in the  $\varepsilon_t$ . Thus

$$\ln c_t = \ln(D_1 R) + \frac{\sum_{s=t}^T D_1^s \Delta \varepsilon_{s-t}}{\sum_{s'=t}^T D_1^{s'}} + \ln c_{t-1} + O(\varepsilon^2) \quad (23)$$

Iterating (23) from  $\ln c_0$  to  $\ln c_t$ , we get

$$\ln c_t = t \ln D_1 R + \ln c_0 + \sum_{i=1}^t \frac{\sum_{s=i}^T D_1^s \Delta \varepsilon_{s-i}}{\sum_{s'=i}^T D_1^{s'}} + O(\varepsilon^2)$$

With a change of variables in the sum over the differences of the future weighting discount function and noting that  $\Delta \varepsilon_0 = 0$ , we can rewrite this as

$$\ln c_t = \ln c_t^0 + \sum_{i=1}^t \frac{\sum_{l=1}^{T-i} D_1^{i+l} \Delta \varepsilon_l}{\sum_{k=i}^T D_1^k} + O(\varepsilon^2). \quad (24)$$



Thus the realized utility at time  $t$  from the realized consumption path is

$$U_t^* = \sum_{s=t}^T D_{s-t} \ln c_s = \sum_{s=t}^T D_{s-t} \ln c_s^0 + \sum_{s=t}^T \sum_{i=1}^s \sum_{l=1}^{T-i} \frac{D_1^{s-t+i+l} \Delta \varepsilon_l}{\sum_{k=i}^T D_1^k} + O(\varepsilon^2). \quad (25)$$

Notice that (22) and (25) are the same to zeroth order in the  $\varepsilon_t$ , so  $\Delta U_t$  vanishes to zeroth order. Thus we can focus on the first-order terms of (25), which we will call

$$V_t = \sum_{s=t}^T \sum_{i=1}^s \sum_{l=1}^{T-i} \frac{D_1^{s-t+i+l} \Delta \varepsilon_l}{\sum_{k=i}^T D_1^k}.$$

Since  $V_t$  is a linear combination of the incremental changes  $\Delta \varepsilon_s$  of the future weighting discount function, it is helpful to isolate the effect of each individual change. We define coefficients  $J_i^t$  such that

$$V_t = \sum_{i=1}^{T-1} J_i^t \Delta \varepsilon_i. \quad (26)$$

That is to say,

$$J_i^t = \left. \frac{\partial U_t^*}{\partial \Delta \varepsilon_i} \right|_{\varepsilon=0} \quad (27)$$

for  $i = 1, \dots, T-1$ , noting that  $\Delta \varepsilon_0 = 0$ . Thus  $J_i^t$  measures how much  $\Delta \varepsilon_i$  contributes to the realized utility  $U_t^*$  at time  $t$ .

In appendix A we derive a convenient expression for the  $J_i^t$ :

$$J_i^t = \sum_{s=0}^{T-t} D_1^{i+s} \sum_{j=1}^{\min\{s+t, T-i\}} \frac{1}{\sum_{k=0}^{T-j} D_1^k} > 0, \quad (28)$$

where we have assumed that  $D_1 > 0$ . Thus an increase in  $\Delta \varepsilon_i$  will unambiguously increase  $U_t^*$  at  $\varepsilon = 0$ . Note that if  $i = T-1$ , since  $t \geq 1$ , the inner sum in (28) reduces to a single term with  $j = 1$ , so

$$J_{T-1}^t = D_1^{T-1} \frac{\sum_{s=0}^{T-t} D_1^s}{\sum_{k=0}^{T-1} D_1^k} \leq D_1^{T-1} \leq D_1^{T-t}.$$

Note that the first inequality is strict for  $t > 1$ .

Another useful property of the  $J_i^t$ , shown in appendix B, is that, if  $D_1 \in (0, 1)$  they are strictly decreasing in  $i$ . For  $t = 1, \dots, T$  and  $i = 1, \dots, T-2$ ,

$$J_i^t > J_{i+1}^t.$$

Intuitively, it would make sense that the contribution of an incremental change  $\Delta\varepsilon_i$  to realized utility should get smaller the farther into the future the change in delays from  $i$  to  $i+1$  gets.

If we express  $V_t$  in terms of the  $\varepsilon_i$ , we can write  $\Delta U_t = U_t^* - U_t^c$  as

$$\Delta U_t = J_{T-1}^t \varepsilon_T + \sum_{i=2}^{T-1} (J_{i-1}^t - J_i^t) \varepsilon_i - \sum_{s=t}^T D_1^{s-t} \varepsilon_s + O(\varepsilon^2).$$

This shows that, to first order, the difference between the realized utility and the commitment utility at each  $t$  is a linear combination of the  $\varepsilon_i$  for  $i = 2, \dots, T$ .

## 4.1 Comparing the commitment path with the realized path at $t = 1$

The reason why we call the property that we are deriving conditions for in this section “almost Pareto dominance” by the commitment path is an interesting quirk of this discrete-time model. To first-order in the future weighting factors, utility at  $t = 1$  is always the same along the realized path and commitment paths. This is a consequence of the fact that at  $t = 0$  lifetime utility along the commitment path must, by definition, dominate lifetime utility along any other path, including the realized path, so

$$\Delta U_0 \leq 0.$$

It follows from this that we must have

$$\Delta U_0 = O(\varepsilon^2)$$

since if

$$\Delta U_0 = \sum_{i=2}^T \Delta v_i^0 \varepsilon_i + O(\varepsilon^2)$$

for some  $v_2^0, \dots, v_T^0$ , not all zero, then there would have to be some choice of the  $\varepsilon_i$  such that  $\Delta U_0 > 0$ . Let us define  $c_{t,i}^1$  and  $c_{t|0,i}^1$  for  $i = 2, \dots, T$  such that

$$c_t = c_t^0 + \sum_{i=2}^T c_{t,i}^1 \varepsilon_i + O(\varepsilon^2)$$

and

$$c_{t|0} = c_t^0 + \sum_{i=2}^T c_{t|0,i}^1 \varepsilon_i + O(\varepsilon^2).$$

But since  $c_0 = c_{0|0}$ ,

$$\begin{aligned} \Delta U_0 &= \ln c_0 + \sum_{t=1}^T D_t \ln c_t - \ln c_{0|0} - \sum_{t=1}^T D_t \ln c_{t|0} \\ &= \sum_{t=1}^T D_1^t (1 + \varepsilon_t) \ln \left( \frac{c_t^0 + \sum_{i=2}^T c_{t,i}^1 \varepsilon_i}{c_t^0 + \sum_{j=2}^T c_{t|0,j}^1 \varepsilon_j} \right) + O(\varepsilon_t^2) \\ &= \sum_{t=1}^T D_1^t (1 + \varepsilon_t) \sum_{i=2}^T \frac{c_{t,i}^1 - c_{t|0,i}^1}{c_t^0} \varepsilon_i + O(\varepsilon_t^2) \\ &= \sum_{t=1}^T D_1^t \sum_{i=2}^T \frac{c_{t,i}^1 - c_{t|0,i}^1}{c_t^0} \varepsilon_i + O(\varepsilon_t^2). \end{aligned}$$

Likewise,

$$\begin{aligned} \Delta U_1 &= \sum_{t=1}^T D_{t-1} \ln c_t - \sum_{t=1}^T D_{t-1} \ln c_{t|0} \\ &= \sum_{t=1}^T D_1^{t-1} \sum_{i=2}^T \frac{c_{t,i}^1 - c_{t|0,i}^1}{c_t^0} \varepsilon_i + O(\varepsilon_t^2). \end{aligned}$$

Thus,

$$\Delta U_1 = \frac{1}{D_1} \Delta U_0 + O(\varepsilon^2).$$

**Proposition 3.** *If we define  $\Delta U_1 = U_1^* - U_1^c$  then*

$$\Delta U_1 = O(\varepsilon^2).$$

*This means  $U_1^c$ , the utility on the commitment path at period 1, equals  $U_1^*$ , the utility on the realized path at period 1, to first order in  $\varepsilon$ .*

The preceding argument does not extend to the second-order terms of  $\Delta U_0$  and  $\Delta U_1$ . Calculating the difference  $\Delta U_1$  to second order is beyond the scope of this paper. Caliendo and Findley (2019) have shown for  $T = 2$  that  $\Delta U_1$  is always positive, which we now

understand is a consequence of the second-order term always being positive. Thus it is never possible to have the commitment path dominate the realized path for all  $t$  when  $T = 2$ . For large enough  $T$ , however, the second-order term can become negative. The conditions that we establish below for almost Pareto dominance would yield complete Pareto dominance at such large  $T$  by the commitment path.

## 4.2 Comparing the commitment path with the realized path at $t > 1$

To sign the  $\Delta U_t$  for  $t = 2, \dots, T$ , it is helpful to isolate the contribution of the individual future weighting factors, so we define

$$\Delta U_t = \sum_{i=2}^T B_i^t \varepsilon_i + O(\varepsilon^2), \quad (29)$$

where the  $B_i^t$  represent the rate at which  $\Delta U_t$  changes with  $\varepsilon_i$  when all the  $\varepsilon_i = 0$ :

$$B_i^t = \left. \frac{\partial \Delta U_t}{\partial \varepsilon_i} \right|_{\varepsilon=0}.$$

In other words, the  $B$  matrix is the Jacobian of the  $\Delta U_t$  with respect to the future weights of the discount function. While this may not be immediately apparent, as the following proposition establishes, the signs of the  $B_i^t$  are unambiguous.

**Proposition 4.** *For  $t = 2, \dots, T$ , if  $D_1 \in (0, 1)$ ,*

*a.*

$$B_T^t = J_{T-1}^t - D_1^{T-t} < 0 \quad (30)$$

*b. For  $t \leq i < T$ ,*

$$B_i^t = J_{i-1}^t - J_i^t - D_1^{i-t} < 0, \quad (31)$$

*c. For  $2 \leq i < t$ ,*

$$B_i^t = J_{i-1}^t - J_i^t > 0. \quad (32)$$

The proofs of (30) and (32) follow immediately from the properties of the  $J_i^t$  detailed above. The proof of (31) is shown in appendix D.

If we write the  $B_i^t$  with  $t$  indexing the rows of the  $B$  matrix and  $i$  indexing its columns, since  $i$  and  $t$  both run from 2 to  $T$ , this will be a square matrix. To summarize Proposition 4, the matrix elements along and above the main diagonal will all be negative while the matrix elements below the main diagonal will be positive. This is true irrespective of the difference in definitions between the matrix elements of type  $a$  and type  $c$ . If we increase  $\varepsilon_i$  for  $i \geq t$ , then  $\Delta U_t$  will decrease. On the other hand, if  $i < t$ ,  $\Delta U_t$  will increase.

We can understand this result as follows. From (27),  $J_{i-1}^t - J_i^t$  is the contribution of  $\varepsilon_i$  to the realized utility  $U_t^*$  for  $i = 2, \dots, T-1$ , which we showed in Appendix B is positive. Likewise,  $J_{T-1}^t$  is the contribution of  $\varepsilon_T$  to  $U_t^*$  (since there is no  $\varepsilon_{T+1}$ ), and this is also positive. Meanwhile, (19) shows that the contribution of a positive  $\varepsilon_i$  to the commitment utility  $U_t^c$  is  $D_1^{i-t}$  for  $i \geq t$ , which is also positive, and zero otherwise. This last point is the key to the intuition behind Proposition 4. On the commitment path, the only effect of  $\varepsilon_i > 0$  is to increase the consumption allocated to time  $i$ , so  $\varepsilon_i$  only contributes to the commitment utility at  $t$  if  $i \geq t$ . In contrast, on the realized path,  $\varepsilon_i$  contributes to the realized utility at all  $t$  for  $t = 2, \dots, T$ , regardless of whether  $i$  comes before or after  $t$ .

The thrust of Proposition 4 is that, whenever  $\varepsilon_i$  has a nonzero contribution to the commitment utility at  $t$ , the contribution of  $\varepsilon_i$  to the realized utility at  $t$  will always be of the same sign. However, if the first-order contribution of  $\varepsilon_i$  to the commitment utility is nonzero, it will always dominate the contribution of  $\varepsilon_i$  to the realized utility.

While  $\varepsilon_i$  only impacts  $U_t^c$  through its effect on  $\ln c_{i|0}$  and only if  $i \geq t$ , the effect of  $\varepsilon_i$  on the realized utility at  $t$  is much more complicated since the effect of  $\varepsilon_i$  is spread over all the period utilities from  $\ln c_2$  to  $\ln c_T$ . What makes this all the more remarkable is that, for example,  $\varepsilon_T$  only affects the household's decision-making for  $t > 0$  through the choice of  $k_1$  at  $t = 0$ . Notice that at  $t = 0$ , both the commitment and realized paths start out the same. The only irreversible decision we actually make at  $t = 0$  is the decision of how much of our  $t = 0$  wealth to allocate to  $c_0$  and how much to divide between  $c_1, \dots, c_T$ . The  $\varepsilon_t$  will determine how we do this allocation over  $c_1, \dots, c_T$ . Under commitment, we are committing to an allocation where each  $c_t$  is strictly a function of  $\varepsilon_t$ . But when we get to  $t = 1$ , we do not have to follow the plan that we had at  $t = 0$ , and we will not if the  $\varepsilon_t$  are nonzero. Instead, we decide again how we will allocate our wealth at  $t = 1$  between  $c_1$  and the  $c_2, \dots, c_T$ .

And likewise, when we get to  $t = 2$  we make a new plan for how much to consume at  $t = 2$ . Thus  $\varepsilon_{T-1}$  only affects the household's decision-making for  $t > 1$  through the choice of  $k_2$  at  $t = 1$ , and so on. The future weighting factor with the longest delay that appears in (13) at time  $t$  is  $\varepsilon_{T-t}$ . At later times, only weighting factors for shorter delays continue to

appear in the Euler equation, so  $\varepsilon_i$  falls out of the Euler equations for  $t > T - i$ . Thereafter, a higher  $\varepsilon_i$  only impacts future consumptions through the choice to consume less at  $T - i$ . This leaves a bigger pie remaining for the household to allocate amongst its selves at times later than  $T - i$ .

We can see how this works in relation to figure 1. For example in figure 1b, where  $T = 10$  and there is a positive  $\varepsilon_8$ , there is a big spike in consumption at  $t = 8$  on the commitment path. Thus the commitment utility will be higher for the selves that see this spike at  $t \leq 8$ . On the realized path, consumption is slightly higher for all  $t > T - 8 = 2$ , so the realized utility is higher for all  $t$ . However, the effect of  $\varepsilon_8$  on the realized consumptions and the realized utilities is small relative to the effect of  $\varepsilon_8$  on  $c_{8|0}$  and the commitment utility for  $t \leq 8$ . On the realized path after  $t = 2$ ,  $\varepsilon_8$  drops out of the calculation and provides no further reason for the household to save extra. Therefore it starts to smooth consumption and spreads the extra saving from  $t = 2$  over the remaining 8 periods of life. This behavior is also observable in 1a where  $\varepsilon_2$  is positive. In that case, starting from  $t = 9$ ,  $\varepsilon_2$  drops out and the household spreads the saving among the consumptions over the remaining periods of life. However, we see that since the saving is effectively divided between two periods, as opposed to seven periods in 1b, the increase in the period consumption level is larger. Note that to first order the superposition principle applies, so the effects of the discounting function in total will be the sum of the effects for each of the individual  $\varepsilon_i$ .

The sign of the matrix elements of type  $a$  in Proposition 4 are of most importance for understanding when the commitment path will almost Pareto dominate the realized path or vice versa, so let us focus on why the  $B_T^t$  are always negative for  $t = 2, \dots, T$ . For the realized path,  $\varepsilon_T$  only appears in the initial Euler equation (13) that determines  $\frac{c_1}{c_0}$ , in which  $\Delta\varepsilon_{T-1} = \varepsilon_T - \varepsilon_{T-1}$  is discounted by a factor of  $D_1^{T-1}$ . The realized utility at  $t$  depends on  $\ln c_s$  for  $s = t, \dots, T$ , which all include  $\ln \frac{c_1}{c_0}$ . There are  $T - t + 1$  such terms, and they are also multiplied by the unperturbed marginal propensity to consume (MPC). After factoring out the unperturbed discount factor  $D_1^{T-1}$  mentioned previously, the denominator of the MPC is a sum of  $T - 1$  terms of comparable magnitude to the  $T - t + 1$  terms they are dividing, which yields a fraction less than one. Thus the magnitude of  $\frac{\partial U_t^*}{\partial \varepsilon_T}$  is determined primarily by the discount factor  $D_1^{T-1}$ . Since this is smaller than  $\frac{\partial U_t^c}{\partial \varepsilon_T} = D_1^{T-t}$ ,  $\varepsilon_T$  contributes to the realized utility at  $t$  less than it contributes to the commitment utility at  $t$ , and  $B_{T-1}^t < 0$ .

Thus  $\varepsilon_T$  is of special significance of all the future weighting factors. An increase in  $\varepsilon_T$  will generate a big spike in consumption at the end of life along the commitment utility that will add to the commitment utility of all the household's selves. However, along the actual

realized path, this increase in  $\varepsilon_T$  will have a more muted effect. The initial self will reduce its consumption to enable the spike it is anticipating at the end of life, but thereafter all of the selves will take a bite of this extra saving. The concentrated dose of consumption in one period would have a bigger impact than spreading the consumption over all of the future selves. Holding the other future discount weights constant, if  $\varepsilon_T$  is pushed sufficiently high, all of the  $\Delta U_t$  can be made negative for  $t > 1$ . Conversely, if  $\varepsilon_T$  is made sufficiently negative, all of the  $\Delta U_t$  can be made positive for  $t > 1$ .<sup>19</sup>

Consequently, we can express the condition for  $\Delta U_t$  to be negative (positive) in terms of a lower (upper) bound on  $\varepsilon_T$ . In formal terms, we can rearrange (29) such that  $\Delta U_t < 0$  to first order in the future weighting factors iff

$$\varepsilon_T > - \sum_{i=2}^{T-1} \frac{B_i^t \varepsilon_i}{B_T^t},$$

where the direction of the inequality follows from Proposition 4. Let us define the Pareto coefficients

$$P_i^t = - \frac{B_i^t}{B_T^t}$$

for  $t = 2, \dots, T$  and  $i = 2, \dots, T - 1$ .

**Proposition 5.** *To first order in  $\varepsilon$ , a necessary and sufficient condition for the commitment path to Pareto dominate the realized path for all selves except  $t = 1$  is that*

$$\varepsilon_T > \sum_{i=2}^{T-1} P_i^t \varepsilon_i.$$

*Conversely, a necessary and sufficient condition for the realized path to Pareto dominate the commitment path for all selves except  $t = 0, 1$  is that*

$$\varepsilon_T < \sum_{i=2}^{T-1} P_i^t \varepsilon_i.$$

Since  $P_i^t$  will have the same sign as  $B_i^t$ , it also follows from Proposition 4 that  $P_i^t < 0$  iff  $t \leq i < T$ , and  $P_i^t > 0$  iff  $2 \leq i < t$  for  $t = 2, \dots, T$ . If the future weights are heavy, it is

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<sup>19</sup>Note that in continuous time we cannot vary the terminal future discount weight independently of the other weights while maintaining assumptions about the smoothness of the weighting function. This is one of the main advantages of working in discrete time.

trivial that  $\Delta U_2 < 0$  since the  $P_i^2$  are all negative. Likewise, if the future weights are light,  $\Delta U_2 > 0$ . On the other hand, the  $P_i^T$  will all be positive, so the threshold value of  $\varepsilon_T$  such that  $\Delta U_T < 0$  will be strictly positive if the weights are heavy and strictly negative if the weights are light. For  $t$  in between 2 and  $T$ , the signs of the  $P_i^t$  will be mixed.

We should emphasize that, while the conditions for the  $\Delta U_t$  to be positive or negative only specify a threshold value of  $\varepsilon_T$ , this does not imply that the other future weighting factors have no impact on the conditions for almost Pareto dominance. The threshold values of  $\varepsilon_T$ , i.e.

$$E_T^t = \sum_{i=2}^{T-1} P_i^t \varepsilon_i$$

for  $t = 2, \dots, T$ , are themselves linear functions of the other future weighting factors. While we need to make additional assumptions to guarantee that  $E_T^T$  is the tightest threshold, i.e. either the most positive or the most negative, we can see that this threshold must increase (decrease) with all the other future weighting factors if the weights are heavy (light).

To sum up, the conditions we derived for  $\Delta U_t$  to be negative for  $t = 2, \dots, T$  together combine to establish a sufficient condition for the commitment path to almost Pareto dominate the realized path. Here we use the term *almost* Pareto dominate to emphasise that the sign of  $\Delta U_1$  is not determined to the first order of  $\varepsilon_t$ .

**Example 6.** *In this example we verify our results for a four-period model with  $T=3$ . As the first step, we set up the utility of the commitment plan  $U_t^c$ , the realized plan  $U_t^*$ , and the difference between these two utilities  $\Delta U_t$ . Then we establish the sufficient condition on  $\varepsilon_3$  for the commitment path to almost Pareto dominate the realized path and compare this to the conditions for a concave (convex) log consumption profile.*

*In this four-period model,*

$$U_t^* = \sum_{s=t}^3 D_{s-t} \ln(c_s)$$

*is the realized utility as of time  $t$  in the realized path and*

$$U_t^c = \sum_{s=t}^3 D_{s-t} \ln(c_{s|0})$$

*is the utility as of time  $t$  if the household commits to its original path. Finally,*

$$\Delta U_t = U_t^* - U_t^c = \sum_{s=t}^3 D_{s-t} \ln \left( \frac{c_s}{c_{s|0}} \right)$$



is the difference between these utilities.

Using (21) and (24) we have

$$\begin{aligned}\ln\left(\frac{c_1}{c_{1|0}}\right) &= \frac{D_1(1-D_1)\varepsilon_2 + D_1^2\varepsilon_3}{1 + D_1 + D_1^2} + O(\varepsilon^2) \\ \ln\left(\frac{c_2}{c_{2|0}}\right) &= \frac{D_1(1-D_1)\varepsilon_2 + D_1^2\varepsilon_3}{1 + D_1 + D_1^2} + \frac{D_1}{1 + D_1}\varepsilon_2 - \varepsilon_2 + O(\varepsilon^2) \\ \ln\left(\frac{c_3}{c_{3|0}}\right) &= \frac{D_1(1-D_1)\varepsilon_2 + D_1^2\varepsilon_3}{1 + D_1 + D_1^2} + \frac{D_1}{1 + D_1}\varepsilon_2 - \varepsilon_3 + O(\varepsilon^2)\end{aligned}$$

Therefore,

$$\begin{aligned}\Delta U_1 &= \frac{D_1(1-D_1)\varepsilon_2 + D_1^2\varepsilon_3}{1 + D_1 + D_1^2} + D_1 \left[ \frac{D_1(1-D_1)\varepsilon_2 + D_1^2\varepsilon_3}{1 + D_1 + D_1^2} + \frac{D_1}{1 + D_1}\varepsilon_2 - \varepsilon_2 \right] \\ &\quad + D_1^2 \left[ \frac{D_1(1-D_1)\varepsilon_2 + D_1^2\varepsilon_3}{1 + D_1 + D_1^2} + \frac{D_1}{1 + D_1}\varepsilon_2 - \varepsilon_3 \right] \\ &= D_1(1-D_1)\varepsilon_2 + D_1^2\varepsilon_3 + D_1^2\varepsilon_2 - D_1\varepsilon_2 - D_1^2\varepsilon_3 \\ &= O(\varepsilon^2).\end{aligned}$$

Since  $\Delta U_1$  vanishes to first order,

$$\begin{aligned}\Delta U_2 &= -\frac{1}{D_1} \ln\left(\frac{c_1}{c_{1|0}}\right) \\ &= -\frac{1}{1 + D_1 + D_1^2} [(1-D_1)\varepsilon_2 + D_1\varepsilon_3] + O(\varepsilon^2) \\ \Delta U_3 &= D_1 \frac{1 - D_1^2 + 1 + D_1 + D_1^2}{(1 + D_1 + D_1^2)(1 + D_1)} \varepsilon_2 - \frac{1 + D_1}{1 + D_1 + D_1^2} \varepsilon_3 \\ &= \frac{1 + D_1}{1 + D_1 + D_1^2} \left[ \frac{2D_1 + D_1^2}{(1 + D_1)^2} \varepsilon_2 - \varepsilon_3 \right] + O(\varepsilon^2)\end{aligned}$$

We will have

$$\Delta U_2 < 0$$

to first order of  $\varepsilon$  if and only if

$$(1 - D_1)\varepsilon_2 + D_1\varepsilon_3 > 0$$

$$\varepsilon_3 > -\frac{1-D_1}{D_1}\varepsilon_2.$$

Likewise, we will have  $\Delta U_3 < 0$  to first order  $\varepsilon$  if and only if

$$\varepsilon_3 > \left[1 - \frac{1}{(1+D_1)^2}\right]\varepsilon_2$$

Thus to have  $\Delta U_2 < 0$  and  $\Delta U_3 < 0$ , we need

$$\varepsilon_3 > \max \left\{ \left[1 - \frac{1}{(1+D_1)^2}\right]\varepsilon_2, -\frac{1-D_1}{D_1}\varepsilon_2 \right\} > 0$$

since either both lower bounds are zero (if  $\varepsilon_2 = 0$ ) or one is positive and one is negative.

Notice also that

$$P_2^2 = 1 - \frac{1}{(1+D_1)^2} > 0,$$

and

$$P_2^3 = -\frac{1-D_1}{D_1} < 0,$$

consistent with Proposition 4 since  $P_i^t$  has the same sign as  $B_i^t$ .

For comparison, the concavity bounds on  $\varepsilon_2$  and  $\varepsilon_3$  implied by (16) are  $\varepsilon_2 = \Delta\varepsilon_1 > 0$ , and

$$\Delta\varepsilon_2 > \frac{D_1}{1+D_1}\Delta\varepsilon_1 = \frac{D_1}{1+D_1}\varepsilon_2.$$

Together, these strict concavity bounds on  $\varepsilon_2$  and  $\varepsilon_3$  imply that

$$\varepsilon_3 > \left[1 + \frac{1}{1+D_1}\right]\varepsilon_2 > \left[1 - \frac{1}{(1+D_1)^2}\right]\varepsilon_2 > -\frac{1-D_1}{D_1}\varepsilon_2.$$

Thus, when  $T = 3$ , the necessary and sufficient conditions for a concave log consumption profile are also sufficient conditions for the commitment path to almost Pareto dominate the realized path. Likewise, the conditions for a convex log consumption profile are sufficient conditions for the realized path to almost Pareto dominate the commitment path.

## 5 Discussion

In section 3, we developed the necessary condition for the consumption profile to be concave. And in section 4, we obtained the condition under which the commitment path almost Pareto dominates the realized path. In Example 6, we also saw that the concavity

condition for the lifecycle profile of log consumption implies the almost Pareto dominance of the commitment path over the realized path in a four-period version of the model.

To explore this, we will next show this last result also holds true in a five-period model. Our conjecture is that this result can be expanded to models with a longer horizon ( $T > 4$ ). However, as the complexity of the following proof shows, if the conjecture is true, a general proof is beyond the scope of the present paper. However, in the context of a continuous time model, it is more straightforward to obtain an exact proof of the relation between a sufficient condition for concavity of log-consumption profile and a necessary condition for Pareto dominance of the commitment path over the realized path as is shown in Feigenbaum and Raei (2020).

**A five-period model,** If  $T = 4$ , based on our calculations in section 4, we can obtain the following Pareto bounds for period 2, period 3 and period 4.

The  $t = 2$  Pareto bound is

$$\varepsilon_4 > -\frac{1 - D_1}{D_1^2}(\varepsilon_2 + D_1\varepsilon_3).$$

The  $t = 3$  Pareto bound is

$$\varepsilon_4 > \frac{3D_1 + D_1^2 + 2D_1^3}{D_1 + D_1^2 + D_1^3}\varepsilon_2 - \frac{1 + D_1}{D_1 + D_1^2 + D_1^3}\varepsilon_3. \quad (33)$$

And the  $t = 4$  Pareto bound is

$$\varepsilon_4 > P_2^4\varepsilon_2 + P_3^4\varepsilon_3 = \frac{3D_1 + D_1^2 + 2D_1^3}{(1 + D_1 + D_1^2)^2}\varepsilon_2 + \frac{2D_1^2 + D_1^3 + D_1^4}{(1 + D_1 + D_1^2)^2}\varepsilon_3 \quad (34)$$

Meanwhile, the concavity bounds for  $T = 4$  are

$$\varepsilon_4 > \frac{D_1 - D_1^2}{1 + D_1 + D_1^2}\varepsilon_2 + \frac{1 + D_1 + 2D_1^2}{1 + D_1 + D_1^2}\varepsilon_3, \quad (35)$$

$$\varepsilon_3 > \frac{1 + 2D_1}{1 + D_1}\varepsilon_2, \quad (36)$$

and  $\varepsilon_2 > 0$ .

Let us suppose these concavity bounds are satisfied. Then (35) can be rewritten

$$\begin{aligned}\varepsilon_4 &> \frac{D_1 - D_1^2}{1 + D_1 + D_1^2} \varepsilon_2 + \left( \frac{1 + D_1 + 2D_1^2}{1 + D_1 + D_1^2} - P_3^4 \right) \varepsilon_3 + P_3^4 \varepsilon_3 \\ &> \frac{D_1 - D_1^2}{1 + D_1 + D_1^2} \varepsilon_2 + \left( \frac{1 + D_1 + 2D_1^2}{1 + D_1 + D_1^2} - P_3^4 \right) \frac{1 + 2D_1}{1 + D_1} \varepsilon_2 + P_3^4 \varepsilon_3,\end{aligned}$$

where we use (36) to obtain the second inequality. As we show in appendix E,

$$\frac{D_1 - D_1^2}{1 + D_1 + D_1^2} + \left( \frac{1 + D_1 + 2D_1^2}{1 + D_1 + D_1^2} - P_3^4 \right) \frac{1 + 2D_1}{1 + D_1} > P_2^4$$

Thus if the concavity bounds are satisfied we have

$$\varepsilon_4 > P_2^4 \varepsilon_2 + P_3^4 \varepsilon_3,$$

so the  $t = 4$  Pareto bound is also satisfied.

Likewise, we can write the Pareto bound at  $t = 3$  as

$$\varepsilon_4 > P_2^3 \varepsilon_2 + P_3^3 \varepsilon_3$$

Suppose that both the concavity bounds and the  $t = 4$  Pareto bound (34) are satisfied. We can rewrite the latter as

$$\varepsilon_4 > P_2^4 \varepsilon_2 + (P_3^4 - P_3^3) \varepsilon_3 + P_3^3 \varepsilon_3$$

Combining this with the concavity bound for  $\varepsilon_3$ , we obtain

$$\varepsilon_4 > P_2^4 \varepsilon_2 + (P_3^4 - P_3^3) \frac{1 + 2D_1}{1 + D_1} \varepsilon_2 + P_3^3 \varepsilon_3.$$

We show in appendix F that

$$P_2^4 + (P_3^4 - P_3^3) \frac{1 + 2D_1}{1 + D_1} > P_2^3,$$

so (33) immediately follows.

Thus if the concavity bounds for  $T = 4$  are satisfied, the Pareto bounds for  $T = 4$  are satisfied.

## 6 Concluding remarks

Present and future bias are defined as a form of time-inconsistency in which individuals' behavior regarding trade-offs in consumption at the beginning and end of the same time interval vary between the near future and the far future. The common approach for modeling this bias is with a relative discounting function, i.e. a form of discounting function which is a function of the time to consumption from the decision-making present. As a consequence, the optimal plan changes as an individual advances through the life span. A functional form that is widely used in the literature as a proxy for non-exponential discounting functions is the quasi-hyperbolic functional form, which is used to discuss the shape of the consumption profile and the preferences of different selves.

In this paper we proposed a general representation of relative discounting functions that allows us to focus on how the discounting function deviates from an exponential discounting function that will not exhibit time-inconsistency. We term the perturbation away from the exponential case a *future weighting factor*  $\varepsilon_t$ . This specific format of the discounting function provides a simple way to depict a future bias by having all  $\varepsilon_t$  be negative and decreasing for  $t > 1$ , and a present bias by having all  $\varepsilon_t$  be positive and increasing for  $t > 1$ . We find that the former is a necessary condition to have a convex log consumption profile and the latter is a necessary condition to have a concave log consumption profile.

Also, using the proposed future weighting functional form, we find a condition on  $\varepsilon_t$  under which the consumption profile that is determined in the first period of life will Pareto dominate the consumption profiles that are chosen at each period, starting from period two. This result is especially useful because this Pareto dominance is often used to motivate how one performs welfare analysis in these models with time-inconsistent preferences, where choosing a reference consumption plan for the analysis is a point of controversy in the literature.

An interesting extension of this paper could be to develop an analysis based on second order of  $\varepsilon_t$  in the first period. In other words, to investigate a condition for having the time-zero plan to Pareto dominate the realized plan at the first period of life. Another potential path is with respect to the relation between the condition for the concavity of the log-consumption and the condition for the Pareto dominance of the commitment path. Providing a simple proof that can be extended beyond a five-period model would be very helpful. We explore this in the context of a continuous-time model in Feigenbaum and Raei (2020).

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# Appendices

## A Different Expressions for $J_i^t$ notation

we know that

$$\Delta U_t = \sum_{s=t}^T \sum_{i=0}^{s-1} \sum_{j=1}^{T-i-1} \frac{D_1^{j+s-t} \Delta \varepsilon_j}{\sum_{k=0}^{T-i-1} D_1^k} - \sum_{s=t}^T D_1^{s-t} \varepsilon_s + O(\varepsilon^2)$$

Let

$$V_t^T = \sum_{s=t}^T \sum_{i=0}^{s-1} \sum_{j=1}^{T-i-1} \frac{D_1^{j+s-t} \Delta \varepsilon_j}{\sum_{k=0}^{T-i-1} D_1^k}$$

$$V_t^T = \sum_{s=0}^{T-t} \sum_{i=0}^{s+t-1} \sum_{j=1}^{T-i-1} \frac{D_1^{j+s} \Delta \varepsilon_j}{\sum_{k=0}^{T-i-1} D_1^k}$$

If we switch the first two summations, the  $s$  summation will commute with the  $j$  summation. Note that  $t \geq 1$ .

Let  $S = \{(s, i) : 0 \leq s \leq T - t \wedge 0 \leq i \leq s + t - 1\}$ , so  $i$  runs from 0 to  $T - 1$ . Let  $S' = \{(s, i) : 0 \leq i \leq T - 1 \wedge \max\{i + 1 - t, 0\} \leq s \leq T - t\}$ . Let  $(s, i) \in S$ . Then  $0 \leq s \leq T - t \wedge 0 \leq i \leq s + t - 1 \leq T - 1$ . And we have  $i + 1 - t \leq s \leq T - t$ . We also have  $0 \leq s \leq T - t$ , so  $\max\{0, i + 1 - t\} \leq s \leq T - t$ . Thus  $(s, i) \in S'$ . Let  $(s, i) \in S'$ . Then  $0 \leq i \leq T - 1 \wedge \max\{i + 1 - t, 0\} \leq s \leq T - t$ . Then  $0 \leq s \leq T - t$ . We also have  $0 \leq i$  and  $i + 1 - t \leq s$  so  $i \leq s + t - 1$ . Therefore  $(s, i) \in S$ . Thus

$$V_t^T = \sum_{i=0}^{T-1} \sum_{s=\max\{0, i+1-t\}}^{T-t} \sum_{j=1}^{T-i-1} \frac{D_1^{j+s} \Delta \varepsilon_j}{\sum_{k=0}^{T-i-1} D_1^k}$$

$$V_t^T = \sum_{i=0}^{T-1} \sum_{j=1}^{T-i-1} D_1^j \Delta \varepsilon_j \frac{\sum_{s=\max\{0, i+1-t\}}^{T-t} D_1^s}{\sum_{k=0}^{T-i-1} D_1^k}$$

When  $i = T - 1$ , the inner sum vanishes, so

$$V_t^T = \sum_{i=0}^{T-2} \sum_{j=1}^{T-i-1} D_1^j \Delta \varepsilon_j \frac{\sum_{s=\max\{0, i+1-t\}}^{T-t} D_1^s}{\sum_{k=0}^{T-i-1} D_1^k}$$

Let  $i' = i + 1$ , so  $i = i' - 1$

$$V_t^T = \sum_{i'=1}^{T-1} \sum_{j=1}^{T-i'} D_1^j \Delta \varepsilon_j \frac{\sum_{s=\max\{0, i'-t\}}^{T-t} D_1^s}{\sum_{k=0}^{T-i'} D_1^k}$$

$$V_t^T = \sum_{i=1}^{T-1} \sum_{j=1}^{T-i} D_1^j \Delta \varepsilon_j \frac{\sum_{s=\max\{0, i-t\}}^{T-t} D_1^s}{\sum_{k=0}^{T-i} D_1^k}$$

$$V_t^T = \sum_{j=1}^{T-1} \sum_{i=1}^{T-j} D_1^j \Delta \varepsilon_j \frac{\sum_{s=\max\{0, i-t\}}^{T-t} D_1^s}{\sum_{k=0}^{T-i} D_1^k}$$

Switching the roles of  $i$  and  $j$ , we get

$$V_t^T = \sum_{i=1}^{T-1} \sum_{j=1}^{T-i} D_1^i \Delta \varepsilon_i \frac{\sum_{s=\max\{0, j-t\}}^{T-t} D_1^s}{\sum_{k=0}^{T-j} D_1^k}$$

Let us define

$$J_i^t = \sum_{j=1}^{T-i} \frac{\sum_{s=\max\{0, j-t\}}^{T-t} D_1^{i+s}}{\sum_{k=0}^{T-j} D_1^k} \quad (37)$$

Then

$$V_t^T = \sum_{i=1}^{T-1} J_i^t \Delta \varepsilon_i \quad (38)$$

Thus

$$\begin{aligned} V_t^T &= \sum_{i=1}^{T-1} J_i^t (\varepsilon_{i+1} - \varepsilon_i) \\ &= \sum_{i=1}^{T-1} J_i^t \varepsilon_{i+1} - \sum_{i=1}^{T-1} J_i^t \varepsilon_i \\ &= \sum_{i=2}^T J_{i-1}^t \varepsilon_i - \sum_{i=2}^{T-1} J_i^t \varepsilon_i \\ &= J_{T-1}^t \varepsilon_T + \sum_{i=2}^{T-1} (J_{i-1}^t - J_i^t) \varepsilon_i \end{aligned}$$

$$\Delta U_t = V_t^T - \sum_{s=t}^T D_1^{s-t} \varepsilon_s + O(\varepsilon^2)$$

$$\Delta U_t = J_{T-1}^t \varepsilon_T + \sum_{i=2}^{T-1} (J_{i-1}^t - J_i^t) \varepsilon_i - \sum_{s=t}^T D_1^{s-t} \varepsilon_s + O(\varepsilon^2) \quad (39)$$

We can show that the way we define  $J_i^t$  notation in the paper is equivalent to the formula we have here by switching the indices in the following way. Let us start with the definition of  $j_i^t$  that we used above:

$$J_i^t = \sum_{j=1}^{T-i} \frac{\sum_{s=\max\{0, j-t\}}^{T-t} D_1^{i+s}}{\sum_{k=0}^{T-j} D_1^k}$$

Let  $S = \{(j, s) : 1 \leq j \leq T-i \wedge \max\{0, j-t\} \leq s \leq T-t\}$ . Let  $S' = \{(j, s) : 0 \leq s \leq T-t \wedge 1 \leq j \leq \min\{s+t, T-i\}\}$ . Let  $(j, s) \in S$ . Then  $1 \leq j \leq T-i \wedge \max\{0, j-t\} \leq s \leq T-t$ . Then we have  $0 \leq s \leq T-t$ . We also have  $1 \leq j \leq T-i$ . And we have  $j-t \leq s$ , so  $1 \leq j \leq \min\{s+t, T-i\}$ . Thus  $(j, s) \in S'$ .

Suppose  $(j, s) \in S'$ . Then we have  $0 \leq s \leq T-t \wedge 1 \leq j \leq \min\{s+t, T-i\}$ . Thus  $1 \leq j \leq \min\{s+t, T-i\}$ . We also have  $0 \leq s$  and  $j \leq s+t$ , so  $s \geq \max\{0, j-t\}$ , and so  $\max\{0, j-t\} \leq s \leq T-t$ . Thus we can write

$$J_i^t = \sum_{s=0}^{T-t} D_1^{i+s} \sum_{j=1}^{\min\{s+t, T-i\}} \frac{1}{\sum_{k=0}^{T-j} D_1^k}. \quad (40)$$

## B $J_i^t$ is strictly decreasing in $i$

$$\begin{aligned} J_i^t &= \sum_{s=0}^{T-t} D_1^{i+s} \sum_{j=1}^{\min\{s+t, T-i\}} \frac{1}{\sum_{k=0}^{T-j} D_1^k} \\ J_{i+1}^t &= \sum_{s=0}^{T-t} D_1^{i+1+s} \sum_{j=1}^{\min\{s+t, T-i-1\}} \frac{1}{\sum_{k=0}^{T-j} D_1^k} \\ &\leq \sum_{s=0}^{T-t} D_1^{i+1+s} \sum_{j=1}^{\min\{s+t, T-i\}} \frac{1}{\sum_{k=0}^{T-j} D_1^k} \\ &< \sum_{s=0}^{T-t} D_1^{i+s} \sum_{j=1}^{\min\{s+t, T-i\}} \frac{1}{\sum_{k=0}^{T-j} D_1^k} = J_i^t, \end{aligned}$$

where this last inequality assumes  $D_1 \in (0, 1)$ .

## C Direct Proof of Proposition 3

The proof amounts to showing that the first-order expansion of equilibrium utility at  $t = 1$  is

$$V_1 = \sum_{s=2}^T D_1^{s-1} \varepsilon_s, \quad (41)$$

where the right-hand side is lifetime utility at  $t = 1$  under commitment, also to first order.

In Appendix A, we show that another expression for  $J_i^t$  is

$$J_i^t = \sum_{j=1}^{T-i} \frac{\sum_{s=\max\{0, j-t\}}^{T-t} D_1^{i+s}}{\sum_{k=0}^{T-j} D_1^k}.$$

For  $t = 1$ , this simplifies to

$$J_i^1 = \sum_{j=1}^{T-i} \frac{\sum_{s=j-1}^{T-1} D_1^{i+s}}{\sum_{k=0}^{T-j} D_1^k}. \quad (42)$$

We can factor  $D_1^{i+j-1}$  out of the summation over  $s$ , leaving

$$\frac{\sum_{k'=0}^{T-j} D_1^{k'}}{\sum_{k=0}^{T-j} D_1^k} = 1.$$

Thus

$$J_i^1 = D_1^i \sum_{j=1}^{T-i} D_1^{j-1},$$

and from (26)

$$V_1^T = \sum_{i=1}^{T-1} \sum_{j=1}^{T-i} D_1^{i+j-1} \Delta \varepsilon_i.$$

Let  $l = i + j$ , so  $j = l - i$ . Then

$$V_1^T = \sum_{i=1}^{T-1} \sum_{l=i+1}^T D_1^{l-1} \Delta \varepsilon_i.$$

Finally, if we commute the sums,

$$V_1^T = \sum_{l=2}^T D_1^{l-1} \sum_{i=1}^{l-1} \Delta \varepsilon_i,$$

the result follows from the fact that

$$\varepsilon_l = \sum_{i=1}^{l-1} \Delta \varepsilon_i.$$

## D Proof of Inequality (31)

For  $t = 2, \dots, T$  and  $i = 1, \dots, T - 1$ , let us define

$$M_i^t = J_{i-1}^t - J_i^t. \quad (43)$$

Using (28),

$$M_i^t = D_1^{i-1} \left[ (1 - D_1) \sum_{s=0}^{T-t} D_1^s \sum_{j=1}^{\min\{s+t, T-i\}} \frac{1}{\sum_{k=0}^{T-j} D_1^k} + \frac{\sum_{s=\max\{T-i-t+1, 0\}}^{T-t} D_1^s}{\sum_{k=0}^{i-1} D_1^k} \right]. \quad (44)$$

An equivalent but more convenient expression is obtained by rearranging the sums in the first term:

$$M_i^t = D_1^{i-1} \left[ (1 - D_1) \sum_{j=1}^{T-i} \frac{\sum_{s=\max\{0, j-t\}}^{T-t} D_1^s}{\sum_{k=0}^{T-j} D_1^k} + \frac{\sum_{s=\max\{T-i-t+1, 0\}}^{T-t} D_1^s}{\sum_{k=0}^{i-1} D_1^k} \right] \quad (45)$$

Let

$$S = \{(s, j) : 0 \leq s \leq T - t \wedge 1 \leq j \leq \min\{s + t, T - i\}\}$$

and

$$S' = \{(s, j) : 1 \leq j \leq T - i \wedge \max\{0, j - t\} \leq s \leq T - t\}.$$

Suppose that  $(s, j) \in S$ . Then  $0 \leq s \leq T - t \wedge 1 \leq j \leq \min\{s + t, T - i\}$ . Thus  $1 \leq j \leq T - i$  and  $0 \leq s \leq T - t$ . Plus  $j \leq s + t$ , so  $s \geq j - t$ . Thus  $\max\{0, j - t\} \leq s \leq T - t$ . Therefore,  $(s, j) \in S'$ .

Suppose that  $(s, j) \in S'$ . Then  $1 \leq j \leq T - i \wedge \max\{0, j - t\} \leq s \leq T - t$ . Thus  $0 \leq s \leq T - t$ . And  $1 \leq j \leq T - i$ , and  $j - t \leq s$ , so  $j \leq s + t$ . Therefore,  $1 \leq j \leq \min\{s + t, T - i\}$ , so  $(s, j) \in S$ . Thus, we can rewrite (44) as (45).

If  $D_1 \in (0, 1)$  then we can write

$$M_s^t < D_1^{s-1} \left[ (1 - D_1) \sum_{j=1}^{T-s} \frac{\sum_{i=j-t}^{T-t} D_1^i}{\sum_{k=0}^{T-j} D_1^k} + \frac{\sum_{i=T-s-t+1}^{T-t} D_1^i}{\sum_{k=0}^{s-1} D_1^k} \right].$$

This inequality is strict because  $t \geq 2$ , so there will be at least one positive term with  $s < 0$  in the first sum that is not included in the first sum of (45). Then

$$\begin{aligned} M_s^t &< D_1^{s-1} \left[ (1 - D_1) \sum_{j=1}^{T-s} D_1^{j-t} \frac{\sum_{i=0}^{T-j} D_1^i}{\sum_{k=0}^{T-j} D_1^k} + D_1^{T-s-t+1} \frac{\sum_{i=0}^{i-1} D_1^i}{\sum_{k=0}^{s-1} D_1^k} \right] \\ &= D_1^{s-1} \left[ (1 - D_1) \sum_{j=1}^{T-s} D_1^{j-t} + D_1^{T-s-t+1} \right] \\ &= (1 - D_1) D_1^{s-1} \sum_{j=1}^{T-s} D_1^{j-t} + D_1^{T-t} \end{aligned}$$

We can use this result to determine the sign of  $B_s^t$  for  $t \leq s < T$ . Since  $s \geq t$ ,

$$\begin{aligned} B_s^t &= M_s^t - D_1^{s-t} \\ &< (1 - D_1) D_1^{s-1} \sum_{j=1}^{T-s} D_1^{j-t} + D_1^{T-t} - D_1^{s-t} \\ &= (1 - D_1) \left[ D_1^{s-1} \sum_{j=1}^{T-s} D_1^{j-t} + D_1^{s-t} \frac{D_1^{T-t-s+t} - 1}{1 - D_1} \right] \\ &= (1 - D_1) \left[ D_1^{s-1} \sum_{j=1}^{T-s} D_1^{j-t} + D_1^{s-t} \frac{D_1^{T-s} - 1}{1 - D_1} \right] \\ &= (1 - D_1) \sum_{j=1}^{T-s} [D_1^{s-1} D_1^{j-t} - D_1^{s-t} D_1^{j-1}] = 0 \end{aligned}$$

## E Proof of inequality (5)

we defined  $P_2^4$  as

$$P_2^4 = \frac{3D_1 + D_1^2 + 2D_1^3}{(1 + D_1 + D_1^2)^2} \quad (46)$$



therefore

$$\begin{aligned}
P_2^4 - \frac{D_1 - D_1^2}{1 + D_1 + D_1^2} &= \frac{3D_1 + D_1^2 + 2D_1^3 - D_1(1 - D_1)(1 + D_1 + D_1^2)}{(1 + D_1 + D_1^2)^2} \\
&= \frac{3D_1 + D_1^2 + 2D_1^3 - D_1(1 - D_1^3)}{(1 + D_1 + D_1^2)^2} \\
&= \frac{3D_1 + D_1^2 + 2D_1^3 - D_1 + D_1^4}{(1 + D_1 + D_1^2)^2} \\
&= \frac{2D_1 + D_1^2 + 2D_1^3 + D_1^4}{(1 + D_1 + D_1^2)^2} \geq 0
\end{aligned}$$

also we have

$$\begin{aligned}
(1 + D_1 + D_1^2)^2 &= (1 + D_1)^2 + 2D_1^2(1 + D_1) + D_1^4 \\
&= 1 + 2D_1 + D_1^2 + 2D_1^2 + 2D_1^3 + D_1^4 \\
&= 1 + 2D_1 + 3D_1^2 + 2D_1^3 + D_1^4
\end{aligned}$$

hence

$$P_2^4 - \frac{D_1 - D_1^2}{1 + D_1 + D_1^2} = \frac{2D_1 + D_1^2 + 2D_1^3 + D_1^4}{(1 + D_1 + D_1^2)^2} < \frac{1 + 2D_1 + 3D_1^2 + 2D_1^3 + D_1^4}{(1 + D_1 + D_1^2)^2} = 1 \quad (47)$$

with equality only if  $D_1 = 0$ .

Also, we defined  $P_3^4$  as

$$P_3^4 = \frac{2D_1^2 + D_1^3 + D_1^4}{(1 + D_1 + D_1^2)^2}$$

therefore we can have the following

$$\begin{aligned}
\left(\frac{1 + D_1 + 2D_1^2}{1 + D_1 + D_1^2} - P_3^4\right) \frac{1 + 2D_1}{1 + D_1} &= \frac{(1 + D_1)(1 + D_1 + D_1^2 + D_1^3)}{(1 + D_1 + D_1^2)^2} \frac{1 + 2D_1}{1 + D_1} \\
&= \frac{(1 + 2D_1)(1 + D_1 + D_1^2 + D_1^3)}{(1 + D_1 + D_1^2)^2} \\
&= \frac{1 + D_1 + D_1^2 + D_1^3 + 2D_1 + 2D_1^2 + 2D_1^3 + 2D_1^4}{(1 + D_1 + D_1^2)^2} \\
&= \frac{1 + 3D_1 + 3D_1^2 + 3D_1^3 + 2D_1^4}{(1 + D_1 + D_1^2)^2} \\
&= 1 + \frac{D_1 + D_1^3 + D_1^4}{(1 + D_1 + D_1^2)^2} \\
&> 1 > P_2^4 - \frac{D_1 - D_1^2}{1 + D_1 + D_1^2}
\end{aligned}$$

in which we used (47) to drive the last inequality.

## F Proof of inequality (5)

Here we show that  $h(D_1)$  which is defined as

$$h(D_1) = (P_3^4 - P_3^3) \frac{1 + 2D_1}{1 + D_1} + P_2^4$$

satisfies

$$h(D_1) - P_2^3 > 0$$

As a reminder,

$$P_2^3 = \frac{3 + D_1 + 2D_1^2}{1 + D_1 + D_1^2} > \frac{3D_1 + D_1^2 + 2D_1^3}{(1 + D_1 + D_1^2)^2} = P_2^4$$

and

$$P_3^3 = -\frac{1 + D_1}{D_1 + D_1^2 + D_1^3} < 0 < \frac{2D_1^2 + D_1^3 + D_1^4}{(1 + D_1 + D_1^2)^2} = P_3^4$$

$$\begin{aligned}
P_3^4 - P_3^3 &= \frac{2D_1^2 + D_1^3 + D_1^4}{(1 + D_1 + D_1^2)^2} + \frac{1 + D_1}{D_1 + D_1^2 + D_1^3} \\
&= \frac{2D_1^3 + D_1^4 + D_1^5 + (1 + D_1)(1 + D_1 + D_1^2)}{D_1(1 + D_1 + D_1^2)^2} \\
&= \frac{2D_1^3 + D_1^4 + D_1^5 + 1 + 2D_1 + 2D_1^2 + D_1^3}{D_1(1 + D_1 + D_1^2)^2} \\
&= \frac{1 + 2D_1 + 2D_1^2 + 3D_1^3 + D_1^4 + D_1^5}{D_1(1 + D_1 + D_1^2)^2}
\end{aligned}$$

and

$$\begin{aligned}
P_2^4 - P_2^3 &= \frac{3D_1 + D_1^2 + 2D_1^3}{(1 + D_1 + D_1^2)^2} - \frac{3 + D_1 + 2D_1^2}{1 + D_1 + D_1^2} \\
&= \frac{3 + D_1 + 2D_1^2}{1 + D_1 + D_1^2} \left[ \frac{D_1}{1 + D_1 + D_1^2} - 1 \right] \\
&= -\frac{(3 + D_1 + 2D_1^2)(1 + D_1^2)}{(1 + D_1 + D_1^2)^2} \\
&= -\frac{3 + D_1 + 2D_1^2 + 3D_1^2 + D_1^3 + 2D_1^4}{(1 + D_1 + D_1^2)^2} \\
&= -\frac{3 + D_1 + 5D_1^2 + D_1^3 + 2D_1^4}{(1 + D_1 + D_1^2)^2}
\end{aligned}$$

hence we have

$$\begin{aligned}
h(D_1) - P_2^3 &= (P_3^4 - P_3^3) \frac{1 + 2D_1}{1 + D_1} + P_2^4 - P_2^3 \\
&= \frac{1 + 2D_1 + 2D_1^2 + 3D_1^3 + D_1^4 + D_1^5}{D_1(1 + D_1 + D_1^2)^2} \frac{1 + 2D_1}{1 + D_1} - \frac{3 + D_1 + 5D_1^2 + D_1^3 + 2D_1^4}{(1 + D_1 + D_1^2)^2} \\
&= \frac{(1 + 2D_1 + 2D_1^2 + 3D_1^3 + D_1^4 + D_1^5)(1 + 2D_1) - (3 + D_1 + 5D_1^2 + D_1^3 + 2D_1^4)D_1(1 + D_1)}{D_1(1 + D_1 + D_1^2)^2(1 + D_1)}
\end{aligned}$$

The numerator is

$$\begin{aligned}
&1 + 2D_1 + 2D_1^2 + 3D_1^3 + D_1^4 + D_1^5 + 2D_1 + 4D_1^2 + 4D_1^3 + 6D_1^4 + 2D_1^5 + 2D_1^6 \\
&- 3D_1 - D_1^2 - 5D_1^3 - D_1^4 - 2D_1^5 - 3D_1^2 - D_1^3 - 5D_1^4 - D_1^5 - 2D_1^6 \\
&= 1 + D_1 + 2D_1^2 + D_1^3 + D_1^4 \\
&= (1 + D_1 + D_1^2)(1 + D_1^2)
\end{aligned}$$

therefore

$$\begin{aligned}h(D_1) - P_2^3 &= \frac{(1 + D_1 + D_1^2)(1 + D_1^2)}{D_1(1 + D_1 + D_1^2)^2(1 + D_1)} = \frac{1 + D_1^2}{D_1(1 + D_1)(1 + D_1 + D_1^2)} \\ &= \frac{1 + D_1^2}{D_1 + 2D_1^2 + 2D_1^3 + D_1^4} > 0\end{aligned}$$